

## GOSPEL REFLECTION FOR THE HOLY FAMILY OF JESUS, MARY & JOSEPH



**Growing in Love** - When we hear stories about the Holy Family we are struck by the normality of Jesus' upbringing. Mary and Joseph behave like any parents of today. Secondly, we are struck by the love and tenderness that surrounds Jesus in his early years. The fact that he was born in a stable and grew up with no great wealth doesn't seem to matter. What matters is that Jesus grew up knowing that Mary and Joseph loved and cared for him.

Jesus would have been brought up in a Jewish tradition, and he would not have been expected to challenge this tradition. What is interesting for us to learn is, that by the tender age of twelve Jesus was developing a sense of who

he really was. When Jesus causes his parents much distress by becoming separated from them to stay in the temple listening to the teachers, he tells Mary and Joseph, "Why were you looking for me? Did you not know that I must be busy with my Father's affairs?" Mary and Joseph don't quite understand what he means, but we are told, "Mary stored all these things in her heart." She had faith in her son, and she allowed him to become the individual she always knew he was.

It's not easy to let go and allow your child to be his or her own person, especially if you see them making all sorts of mistakes. Today's gospel is a lesson in parenting. Surround your children with love and caring. Pass down all the good Christian traditions you yourself have learned, then have faith and allow your child to be the person they need to be.

**Bitesize** - "It's not only children who grow. Parents do too. As much as we watch to see what our children do with their lives, they are watching us to see what we do with ours. I can't tell my children to reach for the sun. All I can do is reach for it, myself."

~ Joyce Maynard



**PARISH PRAYER** – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>  
 Diocesan Website – <http://www.rcdea.org.uk>  
 Notre Dame High School, Norwich – <http://www.ndhs.org.uk>  
 Daily Liturgy Website – [www.universalis.com](http://www.universalis.com)

### PARISH OF THE SACRED HEART AND ST. MARGARET MARY [Registered Charity 278742]

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### 30<sup>TH</sup> DECEMBER 2018 – THE HOLY FAMILY OF JESUS, MARY & JOSEPH

– YEAR C [Sunday within Christmas Octave, Weekday Year I, Psalter Week 1]

Mass Times for the Week			Intentions
Sat. 29 Dec.	6.00 pm	The Holy Family	Holy Souls
Sun. 30 Dec.	9.00 am	[Parish Mass Book p105]	Rose Rownan
	11.00 am		The People of the Parish
Mon. 31 Dec.	10.00 am	Seventh Day within the Christmas Octave	P. & G. Mealy
Tues. 1 Jan.	-	The Holy Mother of God	<b>No Mass today – PP's day off</b>
Weds. 2 Jan.	10.00 am	SS Basil the Great & Gregory Nazianzen	Thomas, Jennifer & Michael Carolan
Thurs. 3 Jan.	10.00 am	Christmas Feria	Doris Hipper
Fri. 4 Jan.	10.00 am	Christmas Feria	Priests' Int.
Sat. 5 Jan.	10.30 am	Christmas Feria	Priest's Int.
Sat. 5 Jan.	6.00 pm	The Epiphany of the Lord (Solemnity)	Priest's Int.
Sun. 6 Jan.	9.00 am		Tino Rossi
	11.00 am		The People of the Parish

**Music for The Holy Family**– Setting: The New People's Mass

**Entry:** 6pm – Angelus (said); Hymn 144 – In the bleak midwinter ...

**Psalm:** (said) *R.*: They are happy who dwell in your house, O Lord.

**Offertory:** Hymn 152 – Unto us is born a Son ...

**Recessional:** 11am – Angelus (said); Hymn 156 – Joy to the world ...

**Confession/Reconciliation: Saturday at 5.30pm, or by request/appointment**

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

**Anniversaries this week:** Harry Dempsey, Helen Phyllis Coyne, Alda Dias, Caroline Rolfe, Ellen (Nell) Raiteri, Robert Clark, Eira Whitehouse, Patricia Gravestock, Rev. Bernard Warwick, Joseph Sadowsky and Matthew Murphy. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits:** If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

**Sick & Housebound [with GDPR Permissions] – Please pray for:** David Peek, Janet Yardley, Jenny Rudd, Peter Gormans, Sarah Chaudri, Rita Smith, Carol Whitesides, Catherine (Kay) Garrard and Robert Nicol.

**Money Matters:** Thank you for your offering of £513.87 last weekend for the day-to-day maintenance of our parish and also for your very generous Christmas offering of £1417.84 which is the traditional offering to the parish priest.

Diary Dates for this week -		
Fri. 4 <sup>th</sup> Jan.	10.30am	First Friday Coffee Morning. After Mass. All welcome.
Sat. 5 <sup>th</sup> Jan.	11.00am	Saturday Club – in Emmaus Room.

**Christmas 2018** - A big thank you to everyone who helped celebrate Christmas here at Sacred Heart. It was a joy to see so many people entering into the spiritual meaning of Christmas. Thank you to everyone who prepared the church, served, read, collected, processed with gifts, put things out and brought them back in again afterwards; to those who tidied up, turned off the heat, straightened up the chairs, watered trees and flowers, who sang joyfully and truly celebrated the Birth of the Saviour. Thank you also for your many, many cards, gifts, good wishes and for the Christmas Offering which I truly appreciate

**Annual Retreat** – Advance notice: I will be on retreat from Monday, 14<sup>th</sup> January until Friday, 18<sup>th</sup> January.

**Epiphany Candlelight Mass: Saturday, 5<sup>th</sup> January, 5.00pm** - A celebration for all young people and their families from across the Diocese. Followed by hot dogs, a bonfire and fireworks. There will be a collection of presents for children who are refugees (please bring wrapped presents and indicate whether suitable for a boy or girl or either, and approximate age). Held at The White House, 21 Upgate, Poringland, Norwich. Organised by the Diocesan Youth Service.

**New Year Resolutions** - Every year we make and break the same old resolutions, but that's no reason not to try again. This year invite the Holy Spirit into your plans. Why have our resolutions failed in the past? Do we need to ask the Holy Spirit for discernment in what we plan to do? Do we need to ask the Holy Spirit for willpower, courage, or persistence? This year make God part of your new direction.



**The Angelus**

☩. The Angel of the Lord declared unto Mary. *℟. And she conceived of the Holy Spirit.*  
Hail Mary ...

☩. Behold the handmaid of the Lord. *℟. Be it done unto me according to thy word.*  
Hail Mary ...

☩. And the Word was made flesh. *℟. And dwelt among us.* Hail Mary ...

☩. Pray for us, O holy Mother of God. *℟. That we may be made worth of the promises of Christ.*

**Let us pray:** Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we to whom the Incarnation of Christ thy Son was made known by the message of an angel may, by his Passion and Cross, be brought to the glory of his Resurrection, through the same Christ, our Lord. Amen.

**MASS INTENTION**

In the absence of envelopes, please use this slip to request Masses for the repose of the souls of deceased family and friends, for the sick or for special intentions and enclose it in an envelope marked for the attention of the Parish Priest.

For ..... (Name)

- Who died recently
- Who is sick
- An anniversary Mass, or
- A special intention

Preferred day, date, time .....

Donor ..... Offering enclosed .....

Address .....