

**PARISH OF THE SACRED HEART
AND ST.MARGARET MARY, EAST DEREHAM, NORFOLK**

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JULY 29th 2012 : SEVENTEENTH SUNDAY IN ORDINARY TIME

Sunday Masses

Saturday 6.0pm Int. In thanksgiving
Sunday 9.0am Int. For the People
11.0am Int.+Ben and Alice Wyand

Weekday Masses

Monday FERIA
10.0am Int. Becky Cummings
Tuesday ST.IGNATIUS LOYOLA
10.0am Int. A Special Intention
Wednesday ST.ALPHONUS LIGUORI
10.0am Int. +Teresa Revell
Thursday FERIA
No services today
Friday FERIA
10.0am Int.
Saturday ST.JOHN MARY VIANNEY
10.30am Int. Parish Priests
6.0pm Int. For the People

Sacrament of Reconciliation

Saturday Noon and 5.30pm, or by appointment.

**Exposition and Adoration of the Blessed
Sacrament**

Tuesday 10.30am; Benediction at 11.0am.
Friday 7.30pm ; Benediction at 8.30pm
The Rosary Friday 10.30am

The Divine Office

The Office is said a quarter of an hour before the Mass on Weekdays. This week we use Psalter Week 1

The Mass today

The readings can be found on p.112 of the Parish Mass Book, and on p.889 of The Sunday Missal.

At the 6.0pm Mass <i>Sanctus & Benedictus</i> Hymns At the 9.0am Mass <i>Sanctus & Benedictus</i> Hymns At the 11.0am Mass <i>Gloria</i> <i>Sanctus & Benedictus</i> Hymns	Eucharistic Prayer 3 Parish Mass Book p.25 (<i>Angelus</i>) 604, 971 Eucharistic Prayer 1 Parish Mass Book p.25 283, 644, 326 Eucharistic Prayer 2 Sacred Heart (sheet) Parish Mass Book p.25 466, 683, (<i>Angelus</i>) 753
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The Psalm Response for all of the Masses is printed at the bottom of the page.

This Sunday the quarter-hour Exposition of the Blessed Sacrament before Mass will precede the 6.0pm Mass. Next Sunday, it will take place before the 9.0am Mass.

THIS WEEK

Today Is being kept as the annual Day for life. Special Intercessions have been provided, & there will be a retiring collection for Life Charities.

The annual International Lunch takes place at the Yaxham Village Hall, from 12.30pm. Please note that it will not be possible to buy tickets at the door this year : only ticket holders, or those bringing dishes to share, can be admitted.

Monday 7.30pm Queen of Peace Prayer Group, at the Presbytery. Everyone welcome.
Wednesday 11.0am The monthly Service at Oak Manor.
Friday 10.45am SVP Coffee Morning.
7.30pm The monthly Holy Hour.
Saturday Saturday Club is on holiday.

PARISH NOTICEBOARD

Anniversaries Charles Martin (2005), Anthony Eskdale (2002), and Anna Taylor (2006). R.I.P.

Money Matters Last Sunday, £441.57 was given at the Offertory.

SVP First Friday Coffee Morning Elaine Wilkes writes 'The next SVP First Friday Coffee Morning will be taking place on August 3rd, from 10.45am- 12 Noon (following Mass and Rosary), to which all are invited. Whether you're joining us from Mass or on your way to or from shopping in town, do please pop in for a welcome cuppa!'

Day for life We have been issued with the following paragraph, to be placed in Newsheets.

'Day for life 2012 celebrates an extraordinary gift: the human body. It recognizes the marvelous achievements of the human body in events such as the Olympic and Paralympic Games currently being held in London, and the Commonwealth Games to be held in Scotland in 2014. It highlights the importance of good health, the care of our body and the importance of exercise and sporting activity. Christians have been encouraged by Pope Benedict XVI to participate in such activity as 'a training ground of healthy competition and physical improvement, a school of formation in the human and spiritual values, a privileged means of personal growth and contact with society.' Day for life invites us therefore to show respect for the dignity of our body in every moment of its existence, from conception to natural death. There will be a retiring collection in parishes to support the Day for life. Proceeds of the collection will be used to support the Anscombe Bioethics Centre (formerly the Linacre Centre for Healthcare Ethics) and other life-related activities supported by the Church'.

THE MORAL SAT-NAV

On my afternoon off last Thursday I made a visit to the beautiful gardens at Mannington Hall near Saxthorpe (much to be recommended). The young lady on the gate said that she recognized me – despite my being in lay dress. "Don't you do assemblies at Reepham High School?", she asked.

I confessed that I did. "Well", she continued, "I always remember one that you did when I was there on Moral Sat-Navs." I hadn't the slightest recollection of this, and hastily said that I thought it must have been some other clergyperson. "No", she insisted, "it was you, and I've never forgotten it."

Since then, I've been filled with curiosity as to what this address can have been about – I've still got absolutely no recollection of delivering it. I think it must have been about the Conscience. Well it can hardly have been about the bus timetable or the telephone directory. Because – whilst I can't remember having thought about this before – I suppose our Conscience IS a sort of 'moral sat-nav'. Each of us has a Conscience – it is as much part of the 'us' which God has made as is our tongue or our liver. Indeed our Conscience, that moral faculty which each of us has to a greater or lesser degree, is part of that which raises us above the animals, and is a mark of God's authorship. We are 'like' God, made in his image, by being rational, creative, and capable of unselfish goodness: and we are also 'like' him in being capable of distinguishing right from wrong, good from bad. We are moral beings.

This gift of our Conscience is there to guide us – just like a Sat-Nav ; to guide us away from what is hurtful to ourselves and others, and to keep us in the way that leads to union with God and the bliss of heaven. This small inner voice sometimes says 'no' to our selfish and sinful inclinations, and sometimes urges us on to do what is right and good. I suppose that a Sat-Nav has to be powered – I think you plug it in to the electronics in the car or lorry. And just so our 'moral sat-nav' has to be powered, fed, shaped, nourished by the teaching of Our Lord and his Church. To be truly useful, the Conscience must be well-formed by revealed truth. Otherwise what we think is our conscience speaking may be no more than our own fancy or inclination.

Sometimes we hear of sat-navs leading motorists into fields or farmyards or worse. But a well-informed Conscience won't lead us astray – rather it will lead us to just where we want to be as disciples of Our Lord Jesus Christ.