

GOSPEL REFLECTION FOR THE FIFTH SUNDAY OF LENT

Due to limitations of space in this issue, this Sunday's Gospel Reflection is posted separately on the parish website.

A Prayer for Help and Healing (Covid-19) - You will find a prayer for use during the Coronavirus pandemic on the parish website.

A Message from CAFOD – CAFOD's Director has written to say that the Charity is very much part of the Catholic family and as with any family, when one of us is unsettled or anxious it affects us all. We pray for all those affected by the virus both here in the UK and overseas, and for all the medical staff who are working so hard to keep us safe. We are learning new ways to keep spiritually connected and look after ourselves and others, particularly during Lent. CAFOD is providing a number of initiatives to help people through this difficult time, along with ways people can continue to support their work in some of the world's poorest communities and to donate to their Lent appeal. The Director says "As I'm sure is the case for many of us, I am praying for guidance from the Holy Spirit to help steer us through these difficult times. Thank you for continuing to keep CAFOD in your prayers. Please stay safe as we continue to support one another." *The full copy of CAFOD's letter can be found on the parish website.*

Foodbanks - Foodbanks are struggling to stay open and feed the hungry. With supermarket shelves empty, and volunteers being told to stay at home, foodbanks are depleted and under pressure. In addition to this, it is harder for us to donate to foodbanks when we are limited to buying only one or two items. The advice at the moment is, that when we are out shopping, **and only** when we have to be out shopping in any case, to donate items where we can, and where foodbanks are still operating. For more information visit www.trusselltrust.org/coronavirus-food-banks/

Palm Sunday, 5th April - On Palm Sunday, I will leave blessed palm crosses outside the church door for collection by anyone. If you do collect one please keep to the social distancing rule. Those that are not collected will be available after this crisis has ended. Needless to say, that I have cancelled the coach to Norwich in Holy Week.



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>
Diocesan Website – <http://www.rcdea.org.uk>
Notre Dame High School, Norwich – <http://www.ndhs.org.uk>
Daily Liturgy Website – www.universalis.com

PARISH OF THE SACRED HEART AND ST. MARGARET MARY [Registered Charity 278742]

Parish Priest: Fr. Brendan Moffatt – Telephone: 01362 694066

Email: Brendan.Moffatt@rcdea.org.uk

Address: The Presbytery, 35 London Road, Dereham NR19 1AS

Parish Website: <http://www.sacredheartdereham.org.uk>

Permanent Deacon: Rev. Martin Sanderson: Tel: 01362 822590

Email: martin.sanderson@rcdea.org.uk

Parish Music Leader: Michael King: Email: michaeljwking@gmail.com

Parish Safeguarding Representative: Kathleen Edmunds:

Email: kathleenedmunds@yahoo.com

29TH MARCH 2020 – 5TH SUNDAY OF LENT – Year A

In response to the Coronavirus pandemic and in accordance with the instructions from the Catholic Bishops Conference of England and Wales, from now until further notice, all churches have now been closed. However, while there is no public Mass, each weekday I will celebrate Mass for the people of the parish without a congregation present at Midday and at 11.00am on Sundays. I strongly recommend *Universalis* for access to the Mass Readings and the Prayer of the Church: <http://www.universalis.com>. We can still be a prayerful community during this crisis. Also, Walsingham, St Lawrence's at Cambridge and St John Baptist Cathedral are livestreaming services.

Liturgical Calendar for the week ahead

5th Week of Lent, Weekday Year II, Psalter Week 1

Mon. 30 th March	Lent Feria
Tues. 31 st March	Lent Feria
Weds. 1 st April	Lent Feria
Thurs. 2 nd April	Lent Feria
Fri. 3 rd April	Lent Feria
Sat. 4 th April	Lent Feria
Sun. 5 th April	PALM SUNDAY OF THE PASSION OF THE LORD

Anniversaries this week: Patrick Malone, Margaret Hindle, Gladys Reeve, Rita Power, Vera Conway, Iain Walton, Ricci (Frederica) White, Maria Madalena Santana, Stephanie Grange, Roger Borthwick, Francis Breen and Edith Graydon-Carter. *May their souls and the souls of all the faithful departed rest in peace.*

Confession/Reconciliation: Saturday at 5.30pm, or by request/appointment

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Hospital Visits: If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick & Housebound [with GDPR Permissions] – **Please pray for:** Janet Yardley, Jenny Rudd, Carol Whitesides, Eileen Brocklesby, Shirley Liebenhals, Frances Saville King, Una McWeeny, Derek Williams, Teresa Kendall, Greta Cummings.

Money Matters: Nothing to report as no collection was taken. If anyone would like to investigate Direct Debit or Standing Order for their donations to keep the parish afloat, please contact Fr. Brendan.

Parish Gift Aid Scheme - If there are any parishioners who pay tax and are not part of the gift aid scheme and are willing to sign up, please let Rex Baker know or ask Fr Brendan. This is a great way for the parish to get additional funds from the tax reclaim benefits. Last year the parish reclaimed some £5,000. **With this scheme you do not need to commit to a fixed amount as it will just be based on your total annual contribution.** Contact details for Rex Baker are telephone number: 01362 694801 or [email rexbaker27@btinternet.com](mailto:rexbaker27@btinternet.com)

Diary Dates for this week – All parish group meetings are currently suspended due to the Coronavirus situation.

From Dereham Churches Together - Isolated at home? Can't get out? Phone 01362 854581 between 10-3, Monday to Friday. We have trusted volunteers from Dereham's churches who can call you back and have a chat if you want to hear a friendly voice. Or, we will try and do a simple errand for you – shops or pharmacy etc. *Administered by Wellspring Family Church, Registered Charity 1096304*

Able to Help? – There is a form available on the parish website for volunteers to use to offer help to anyone who is self-isolating due to the Coronavirus. It also gives advice to those who are having to self-isolate.

Re-dedication of England as the Dowry of Mary: Sunday, 29th March 2020 – Today, the Re-dedication will take place throughout the country. As King Richard II once gave England as a gift to Our Lady for her guidance, so we, too, seek Mary's protection and prayers, giving ourselves through this act of dedication. We respond to this invitation on the day of the Re-dedication in two ways: **A personal promise** by praying the Angelus Promise, in which we say 'yes' in union with Our Lady through the words of the Annunciation; and **A Communal Entrustment** – As the people, we will, once again, renew the vows of dedication made to Mary by King Richard II, praying together the Act of Entrustment. **Copies of these prayers can be found on the parish website and at www.behold2020.com.**

News from the Diocese of East Anglia –

- ❖ **Catholic churches across East Anglia close doors** - Following the Prime Minister's historic announcement on 23rd March strengthening restrictions in an attempt to combat the spread of COVID-19, all Catholic churches in East Anglia are now closed to the public until further notice. A video message from Cardinal Vincent Nichols can be seen at https://youtu.be/W5s_4EwRm4s
- ❖ **The Diocesan Curia offices in Poringland closed** - The Diocesan Curia offices at Poringland are also now closed until further notice, in line with Government Coronavirus restrictions. Office landlines will not be answered or have answerphone facilities. You should contact the appropriate person via the email addresses listed on the Diocesan's [contacts page](#) on its website. We are also asked to refrain from sending cheques to the office until further notice.
- ❖ **Chaplains launch online activities for young people** - As the UK goes into lockdown, the **School Chaplains**, the **Diocesan Youth Team**, the **17th Norwich Scouts** and **Jane Crone from CAFOD** have united to launch an online resource for young people and their families. They have begun producing a free Daily Reflection and links to fun activities for all ages.
- ❖ **Walsingham Shrine begins livestreaming** - The National Shrine of Our Lady of Walsingham has opened a new website and 24/7 live streaming service to keep Catholics connected to its cycle of prayer. The new service has been created in time for people to connect online to the ceremonies for the Re-dedication of England as the Dowry of Our Lady next Sunday, March 29.
- ❖ **CAFOD provides online Sunday liturgy for children** - The CAFOD education team has put together an online children's liturgy which families can use at home during the current crisis when public Masses are suspended.
- ❖ **Catholics can obtain free online access to Mass readings** - The Catholic magazine Magnificat has responded to the current Coronavirus crisis by waiving the subscription to its online version. The link for accessing Mass readings is: <https://us.magnificat.net/free>
- ❖ **Events around the Diocese which have been cancelled or postponed** - A number of high-profile events around the Diocese of East Anglia have been cancelled or postponed following the measures put in place on March 16 by the Prime Minister in an attempt to contain Coronavirus. These include the annual Diocesan Pilgrimage to Walsingham (which is due to be rescheduled for later in the year), the Children's Pilgrimage to Walsingham at the end of May and the Ignite Festival at Swaffham, also in May. The Chrism Mass, on Tuesday April 7, will now not be open to the public and will instead be captured in words, pictures and video and be posted online soon afterwards. More details of this will be carried on the diocesan website www.rcdea.org.uk as soon as possible. The first Caritas Festival, which was due to be held at St George's in Norwich on March 28, has also been cancelled.

Full details of all these items can be found on the Diocesan website at www.rcdea.org.uk