

## GOSPEL REFLECTION FOR THE 22<sup>nd</sup> SUNDAY IN ORDINARY TIME



### God's Seating Plan

How do we define 'humility'? What is our perception of a humble person? Perhaps our idea of a humble person is someone self-effacing, someone who never pushes themselves forward or blows their own trumpet, somebody who is overly modest. In a society where we need to push ourselves forward to succeed, 'humility isn't a quality we value. In fact, we often consider the 'humble person' as a bit of a doormat. Fortunately this isn't Jesus' perception of humility and he certainly isn't asking us to behave like doormats?

Today, Jesus uses an invitation to a dinner party to give a lesson in humility. Jesus notices that the guests at the dinner party seat themselves in positions of honour at the table. It's clear that some of Jesus' fellow guests are so puffed up with pride that they assume the top places at the table. Jesus tells them that things will be just the opposite in God's Kingdom. "For all who exalt themselves will be humbled, and those who humble themselves will be exalted."

Despite our preconceptions, humility isn't about being a doormat. True humility isn't about thinking less of ourselves but thinking of others more. True humility is about serving others without expecting anything in return. True humility is not about seeking to rub shoulders with the rich and influential, but rubbing shoulders with everyone whether they are a king or a pauper. Humility is about sharing time and money unconditionally without expecting repayment, admiration, accolades or long letters of thanks. When we approach God's table, we must remember to be first to put others first.

### Bite Size

"On the highest throne in the world, we still sit only on our own bottom."

~ Michel de Montaigne, *The Complete Essays*

**PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come.**  
**Through Christ our Lord. Amen**

Useful links: Diocesan Website: <http://www.rcdea.org.uk>  
Notre Dame High School, Norwich: Website <http://www.ndhs.org.uk>

## PARISH OF THE SACRED HEART AND ST MARGARET MARY [Reg. Charity 278742]

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## 28<sup>TH</sup> AUGUST 2016 - 22<sup>ND</sup> SUNDAY IN ORDINARY TIME

### Sunday Masses - Page 130 of Parish Mass Book

Saturday	6.00 pm	Int. Kathleen & Michael Carroll
Sunday	9.00 am	Int. Alex Gelling
	11.00 am	Int. People of the Parish

### Music for Sunday Masses - Setting: Dom Gregory Murray Mass

Entry 6pm - *Angelus (said)*; Hymn 892 - The Lord hears the cry of the poor ...

Offertory Hymn 926 - Whatsoever you do ...

Communion *Instrumental Interlude/Sacred silence ...*

Recessional 11am - *Angelus (said)*; Hymn 770 - Shine, Jesus, shine ...

### CONFESSION/RECONCILIATION: Saturday at 5.30pm, or on request / by appointment

### Weekday Mass Times (22<sup>nd</sup> week in Ordinary Time) [Psalter Week 2]

Mon.	10.00 am	The Passion of St John the Baptist - Int. Denise Foster
Tues.	<b>No Mass today</b>	Feria
	7.30 pm	Queen of Peace Prayer Group - in Emmaus Room
Weds.	10.00 am	Feria - Donor's Int.
Thurs.	10.00 am	Feria - Int. Phyllis Thurstance
Fri.	10.00 am	<b>Votive Mass for World Peace</b>
	5.45 pm	Exposition of the Blessed Sacrament & Silent Prayer
	6.15 pm	Evening Prayer (Vespers)
Sat.	<b>No morning Mass</b>	St Gregory the Great
	6.00 pm	23 <sup>rd</sup> Sunday in Ordinary Time - Int. Hilda Pritchard

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

**Anniversaries this week:** Patrick McMahon, Alfred Chapman, John Power, Charles Victor Mann, Elizabeth Keatley, Norah Greenlee, Conal O'Donnell, Albert Foley, Hector Frosdick and Doris Evelyn Edith Henderson. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits** – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King's Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John's Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

**Sick List - Please pray for:** Joan Blakiston, David Peek, Michael Reavey, Robert Nicol, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, Anna Thompkins, Michelle Smith, Rita Smith, Eileen Brockleby, Pat Howe, Kathleen (Jenny) Rudd, Ellen Flood, Margaret Leggett, Diana Cater, Ken May and Muriel Harmer.

**Money Matters** – The collection last weekend was £430.00. Thank you all very much. Next Sunday, there will be a special retiring collection for Walsingham.

**Personal Note:** I have some family visitors during this week and I will be busy with them for a few days but weekday Mass times will be the same as usual.

**Welcome** to our visitors who have joined us for Mass this weekend. We hope that you enjoy your stay with us at Sacred Heart and that your time in Norfolk is a refreshing experience for you.

**Diary Dates for this week –**

- Fri. 2<sup>nd</sup> Sept. – SVP 'First Friday' Coffee Morning after 10.00am Mass. All welcome.
- Saturday Club is on holiday (final week). Classes begin again on Saturday, 10<sup>th</sup> September.

**Parish BBQ – Sunday, 4<sup>th</sup> September** - The parish barbeque will take place on Sunday, 4<sup>th</sup> September, starting around midday, just after the 11 o'clock Mass. As with previous years, there is no charge for the barbeque, but you do need to sign the list on the noticeboard so we know how much food to buy. As always, we ask those coming along to bring a salad or a dessert to share. Squash will be provided, but if you want other drinks, please bring them with you. A collection will be taken for a charity during the event.

**Dowry of Mary Pilgrimage, Walsingham, Sunday, 4<sup>th</sup> September 2016** – at the Catholic National Shrine, Walsingham NR22 6AL. Commencing 11.30am – Reception of Flags at the Basilica; **12 Noon – Pilgrim Mass celebrated by Bishop Alan Hopes**; 3.15pm – Procession & Benediction (original Shrine site). Parishes or groups are invited to bring their banners & flags and are requested to let the Pilgrimage Coordinator know they are coming by telephone 01328 820217 or email [pilCOORD@walsingham.co.uk](mailto:pilCOORD@walsingham.co.uk)

**Dereham Churches Together Quarterly Fellowship Evening** - The next combined fellowship evening will be hosted by us on **Tuesday, 6th September at 7.30 pm**. Please put this in your diary and come along. It will be the first such evening that we have hosted since I came. Can we please arrange refreshments too for after the Service. I think the Service will be something like some hymns, reading from Scripture an address and some prayers. Maybe a form of Vespers. There are some leaflets at the back of the church. Please take one as a reminder.

**Norfolk Churches Trust Bike Ride** – This year's Bike Ride takes place on **Saturday, 10<sup>th</sup> September from 9:00 a.m. – 5:00 p.m.** Volunteers are needed to log visiting participants and to offer hospitality during the day. If you can help, please sign up for one or more of the half-hour time slots on the rota at the back of Church. Many thanks.

**First Communion & Confirmation Candidates** - Preparation classes will be starting in September for First Holy Communion in July 2017. Children must be in Year 3 or above and be aged 8 in July 2017. Classes take place on Saturday morning from 10.30am until 11.30am. For Confirmation candidates, we are hoping to start preparation sessions for candidates who are aged 13 and above in September 2016 for Confirmation in 2017, and I would like to invite expressions of interest for candidates who feel they are ready to prepare for the Sacrament, which completes their initiation as members of the Church. Application forms for First Holy Communion and Confirmation preparation are available from Fr Brendan or Robbie Meehan (Catechist).

**HCPT Diamond Jubilee Mass of Thanksgiving at Diss** - This year the Trust is celebrating its Diamond Jubilee. Every Easter over 1,000 disabled and disadvantaged children and young people enjoy a life changing pilgrimage holiday in Lourdes. To mark this 60th Anniversary in our own diocese, Bishop Alan is presiding at a Mass of thanksgiving on **Saturday, 17th September at 12 noon** at St Henry Morse Church, Shelfanger Road, Diss, Norfolk, IP22 4DX to which all are welcome, especially if you have ever been on an HCPT pilgrimage as a child, or a helper. Please bring something for the shared lunch which will follow the Mass.

*The Angelus*

V. The Angel of the Lord declared unto Mary. **R. And she conceived of the Holy Spirit. Hail Mary...**

V. Behold the handmaid of the Lord. **R. Be it done unto me according to thy word. Hail Mary...**

V. And the Word was made Flesh. **R. And dwelt among us. Hail Mary...**

V. Pray for us, O holy Mother of God. **R. That we may be made worthy of the promises of Christ.**

LET US PRAY:

**Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel may, by His Passion and Cross, be brought to the glory of His Resurrection, through the same Christ, Our Lord, Amen.**