

## GOSPEL REFLECTION FOR THE SECOND SUNDAY OF LENT



**Quick Fix Remedy?** - Do you bound out of bed each morning eager to get to work, enthusiastic about all the challenges that lie ahead? Well probably not! Life is a series of highs and lows, but we all know that the 'highs' are few and far between. For most of us life is a series of chores and we can often feel burdened by drudgery and frustration.

In today's gospel reading, Peter James and John are feeling demoralised and fearful about talk of Jesus' imminent death. Perhaps the disciples felt that the goal they had been working towards was not the goal of which Jesus is now talking. We have all felt like this at some time. Even the most motivated amongst us will slump from time to time. We might all have felt at some point debilitated by fear and anxiety, or overwhelmed by tiredness. At times like these, a life mentor might advise us to re-visualise our goals. We might be advised to find inspiration and get excited. We might be advised to focus on our most important priorities and not set too many goals which will eventually sap all our energy. Funnily enough, two thousand years before the terms 'life mentor' or 'life coach' were coined, these were exactly the strategies that Jesus used to motivate Peter James and John in this difficult period of their discipleship. Jesus leads them up a high mountain where they see a vision of a transfigured Jesus in dazzling white accompanied by Moses and Elijah.

Peter, James and John had a moment of revelation that day on the mountain top, and although they could not capture that moment by erecting tents as Peter proposes, they had that glimpse of glory to remember and keep with them forever through the testing times ahead.

Christians do not have a quick fix remedy for making problems in life go away, but we share the same motivating vision of God's kingdom as we struggle with life's 'lows'.

**Bitesize** - "If you don't know where you are going, you will probably end up somewhere else." ~ Lawrence J. Peter



**PARISH PRAYER** - *Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come. Through Christ our Lord. Amen*

Useful links: Diocesan Safeguarding - <https://www.rcdea.org.uk/safeguarding/>  
 Diocesan Website: <http://www.rcdea.org.uk>  
 Notre Dame High School, Norwich: <http://www.ndhs.org.uk>  
 Daily liturgy website: [www.universalis.com](http://www.universalis.com)

## PARISH OF THE SACRED HEART AND ST MARGARET MARY

[Reg. Charity 278742]

Parish Priest: Fr. Brendan Moffatt - email: [brendanmoffatt@yahoo.co.uk](mailto:brendanmoffatt@yahoo.co.uk)

Address: The Presbytery, 35 London Road, Dereham NR19 1AS

Telephone: 01362 694066.

Parish website: <http://www.sacredheartdereham.org.uk>

Permanent Deacon: Rev. Martin Sanderson – Tel: 01362 822590

email: [dcnmsanderson@hotmail.com](mailto:dcnmsanderson@hotmail.com)

Parish Music Leader: Michael King – email: [michaeljwking@gmail.com](mailto:michaeljwking@gmail.com)

Parish Safeguarding Representative: Kathleen Edmunds –

email: [kathleenedmunds@yahoo.com](mailto:kathleenedmunds@yahoo.com)

## SECOND SUNDAY OF LENT

| Sunday Masses [Parish Mass Book p151] |          | Intentions           |
|---------------------------------------|----------|----------------------|
| Saturday,                             | 6.00 pm  | H.A Green            |
| Sunday,                               | 9.00 am  | Donor's Int.         |
|                                       | 11.00 am | People of the Parish |

**Music for Sunday Masses** - *Setting: Belmont Mass, incl. Memorial Acclamation 1*

**Entry:** 6pm – *Angelus (said)*. Hymn 211 – Our Father, we have wandered ...

**Gospel Acclamation:** Hymn 184 – Praise to you, O Christ, ...

**Offertory:** Hymn 941 – There is a longing in our hearts, O Lord ...

**Psalm Response:** (11am sung) – *I will walk in the presence of the Lord in the land of the living*

**Recessional:** 11am – *Angelus (said)*. Hymn 749 – From heaven You came ...

**Confession/Reconciliation: Saturday at 5.30pm - or by request/appointment**

| Weekday Masses [2 <sup>nd</sup> week of Lent - Psalter Week 2] |                      | Intentions   |
|--|----------------------|--|
| Mon.   | 10.00 am             | Lent Feria<br>Gerard Fagg                                  |
| Tues.  | <b>No Mass today</b> | Lent Feria   |
| Weds.  | 10.00 am             | Lent Feria<br>Gerard Fagg                                  |
| Thurs.   | 10.00 am             | St David, Patron of Wales<br>Donor's Int.                  |
|  | 6.00pm               | <i>Lenten Station Mass. Exposition at 6pm, followed by</i> |
|  | 7.00pm               | <i>Mass at 7pm – See item on page 2</i>                    |
| Fri.   | <b>No Mass today</b> | Lent Feria   |
| Sat.   | 10.30 am             | Lent Feria<br>Donor's Int.                                 |
|  | 6.00 pm              | 3 <sup>rd</sup> Sunday of Lent<br>Donor's Int.             |

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week

**Anniversaries this week:** Cecilia Stack, Maria Amaral, Ruth Fahey, Jolyon Hooley, Robert Secker, Dorothy Anne Gordon and Michael Joseph Carroll. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits** – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King’s Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John’s Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

**Sick List - Please pray for:** David Peek, Robert Nicol, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, Rita Smith, Eileen Brockleby, Kathleen (Jenny) Rudd, Ellen Flood, Margaret Leggett, Peter Brown, Robert Anderson, Carole Whitesides, Janet Yardley, Josie Myhill, Mary Cawley, Ken Summerford, Patrick McKenna, Anna Thompkins, Andre Kanssen and Joan Wells.

**Money Matters** – The collection last weekend for the maintenance of our parish amounted to £519.49. Thank you very much. This week there is a retiring collection for CAFOD Family Fast Day.

| <b>Diary Dates for this week –</b> |          |   |
|------------------------------------|----------|---|
| Tues. 27 <sup>th</sup> Feb.        | 7.30 pm  | Queen of Peace Prayer Group, in Emmaus Room     |
| Weds. 28 <sup>th</sup> Feb.        | 7.30 pm  | SVP Conference meets, in Emmaus Room            |
| Fri. 2 <sup>nd</sup> Mar.          | 10.30 am | SVP ‘First Friday’ Coffee Morning. All welcome. |
| Sat. 3 <sup>rd</sup> Mar.          | 11.00 am | Saturday Club meets, in Emmaus Room             |

**Thursday, 1<sup>st</sup> March - Lenten Station Mass at St George’s, Sprowston Road, Norwich.** This is our Deanery’s Station Mass with Bishop Alan. There will be time for private prayer, beginning with Exposition of the Blessed Sacrament at 6.00pm, and for the Sacrament of Reconciliation. Mass will commence at 7.00pm, after which light refreshments will be available.

**Friday, 2<sup>nd</sup> March** – There will not be a Mass on Friday morning as I have an appointment with regard to having a cataract removed. The first one was done years ago.

**Saint David, 1st March** - What makes a great person? Skills talent motivation and courage can get us so far, but at the end of the day we discover the necessity for self-discipline, hard work and doing the little things well. 'Do the little things well', were the last words of St David to his followers .... today a well-known phrase in Wales, and an inspiration to many. Particularly relevant to us today in the twenty first century, Saint David is a model to us on living simply and sustainably.

**Women’s World Day of Prayer, 2<sup>nd</sup> March** - This Year’s theme is ‘All God’s Creation Is Very Good!’ If you wish to join in a local event, the Salvation Army is hosting a service in Dereham at 2.00 pm – see the poster at the back of church for details. There is also a service at the Parish Church in Mattishall at 2.00 pm if that is nearer to home for you.

**UCM Cake Stall: Correction** – The UCM cake stall on 10<sup>th</sup> & 11<sup>th</sup> February raised £101.42 (not £10.42 as stated in last week’s bulletin). Thanks again to all who supported the event in any way.

**Chrism Mass** - A date for your diaries. The Chrism Mass at St John’s Cathedral will take place on 27<sup>th</sup> March at 7.00pm. I have booked our coach and we will leave at 5.00pm for Norwich. I will put the list out nearer the time.

**Parish Gift Aid Scheme** – Please would parishioners who are members of the parish gift aid scheme let Rex Baker know if there have been any changes in your personal circumstances regarding the payment of income tax (or change of address) for the financial year 2017-2018. In the absence of any such information, it will be assumed that you are still a tax payer and the parish will reclaim tax from HMRC on the offertory donations you have made during this financial year. If there are any parishioners who pay tax and are not part of the gift aid scheme and are willing to sign up, again please let Rex know or ask Fr. Brendan. This is a great way for the parish to get additional funds from the tax reclaim benefits; last year the parish reclaimed circa £5,000. With this scheme you do not need to commit to a fixed amount as it will just be based on your total annual contribution. Contact details for Rex Baker are: telephone no. 01362 694801, or email: [rexbaker27@btinternet.com](mailto:rexbaker27@btinternet.com)

**Heritage Open Days: “They Served”** - The Cathedral is planning an exhibition for Heritage Open Days in September of this year and for the 100<sup>th</sup> celebration of the ending of the Great War in November. The Heritage Open Days Committee is looking to feature stories and anecdotes of those who were involved or died during this time of great sorrow. If you have any stories or recollections, of either ‘the war front’ or ‘the home front’, that you would like to share, the Committee would be glad to hear from you. **Please see the poster at the back of church for more details.** Stories in the first instance can be submitted to the committee either by post, directly addressed to the Cathedral and marked “FAO The Heritage Open Days Committee”, or by email to: [heritageopendays@sjbcathedral.org.uk](mailto:heritageopendays@sjbcathedral.org.uk) . The Heritage Open Days Committee would like to take this opportunity of thanking you in advance and we look forward to receiving the many stories of you forebears.