

GOSPEL REFLECTION FOR THE SEVENTH SUNDAY IN ORDINARY TIME



Love Rules

Love your enemies and do good to those who hate you? Surely that's a recipe for becoming a doormat, yet this is what Jesus is asking us to do in today's gospel.

The six o'clock news fuels our anger. We want to hit back at the terrorists who hurt us. We want to see consequences for those who kill or maim or take away from us. Jesus' advice doesn't make any sense. How can we love those we don't even like! How can we forgive when punishment feels more human? But in the words of Martin Luther King Jr "When you live by the rule 'an eye for an eye and a tooth for a tooth', you end up with a nation of blind and toothless people".

These are tremendous words, because they tell us that when we respond to those who hate us with love instead of recrimination, we defeat evil. So how do we make it work? Firstly, we have to know that love isn't a warm fuzzy emotion that leaps out of a Valentine's card. Love is a decision. Love is not a feeling it's a choice. We have to make decision to do good and then do it. We know we are loved by the way we are treated, and in the same way we have to show others that we love them by the way we treat them. Next come the rules. Do not judge and you will not be judged. Do not condemn and you will not be condemned. Give and it will be given to you. In short, we have to treat everyone the way we would like to be treated ourselves whether we like them or not. If everyone could live their lives by Jesus' teaching conflict and war would be confined to dusty history books.

Bitesize - "The heart never becomes wrinkled." ~ *Marie de Rabutin-Chantal*



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>
 Diocesan Website – <http://www.rcdea.org.uk>
 Notre Dame High School, Norwich – <http://www.ndhs.org.uk>
 Daily Liturgy Website – www.universalis.com

PARISH OF THE SACRED HEART AND ST. MARGARET MARY [Registered Charity 278742]

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Parish Music Leader: Michael King: Email: michaeljwking@gmail.com

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24TH FEBRUARY 2019 – 7TH SUNDAY IN ORDINARY TIME – Year C

[7th Week of the Year, Weekday Year I, Psalter Week 3]

Mass Times for the Week			Intentions
Sat. 23 rd Feb.	6.00 pm	7 th Sunday in Ord. Time [Parish Mass Book p141]	Ann Farrell Annette Evans The People of the Parish
Sun. 24 th Feb.	9.00 am 11.00 am		
Mon. 25 th Feb.	10.00 am	Feria	Sidney Carter (fdn)
Tues. 26 th Feb.	-	Feria	No Mass today – PP's day off
Weds. 27 th Feb.	10.00 am	Feria	Freda Wilkes
Thurs. 28 th Feb.	10.00 am	Feria	Bridget Murphy
Fri. 1 st Mar.	-	St. David, Patron of Wales	No Mass today
Sat. 2 nd Mar.	10.30 am	Feria	Ronald Pugh
Sat. 2 nd Mar.	6.00 pm	8 th Sunday in Ord. Time	Alberto Gonzalez Carcavilla The People of the Parish Donor's Int. (deceased friends & relatives)
Sun. 3 rd Mar.	9.00 am 11.00 am		

Music for 7th Sunday in Ord. Time – *Setting*: New People's Mass (with Mem. Acclam. B)

Entry: 6pm – Angelus (said); Hymn 934 – Dear Lord and Father of mankind ...

Psalm *℟* (said) - *The Lord is compassion and love.*

Offertory: Hymn 607 – Let all mortal flesh keep silence ...

Recessional: 11am – Angelus (said); Hymn 924 – Brother, sister, let me serve you ...

Confession/Reconciliation: Saturday at 5.30pm, or by request/appointment

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Anniversaries this week: John Edwards, Cecilia Stack, Maria Amaral, Ruth Fahey, Jolyon Hooley, Robert Secker, Dorothy Anne Gordon and Michael Joseph Carroll. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick & Housebound [with GDPR Permissions] – **Please pray for:** David Peek, Janet Yardley, Jenny Rudd, Peter Gormans, Sarah Chaudri, Rita Smith, Carol Whitesides, Catherine (Kay) Garrard, Robert Nicol, Eileen Brocklesby, Neville Hibberd, Shirley Liebenhals and Brenda May.

General Data Protection Regulations. A reminder that we now have a duty to protect people's data and we need their permission to publish any information, including names, contact information etc. There are forms for this purpose permanently available at the back of church. This also affects names which appear as Mass Intentions. It is fine to publish the name of a deceased person, but we need the permission of a living person if it is going to be published in the bulletin. Without this, Mass intentions for living people may have to be listed for: The Donor's Intention.

Money Matters: Thank you for your offering of £527.27 last weekend for the day-to-day running of our parish and also for £135.16 in the collection for the Catholic Association for Racial Justice.

Diary Dates for this week -		
Tues. 26 th Feb.	7.30pm	Queen of Peace Prayer Group - Emmaus Room
Thurs. 28 th Feb.	6.30pm	Music selection & practice – Presbytery & Church. All volunteers welcome to sing or play.
Fri. 1 st Mar.	10.15am	SVP 'First Friday' Coffee Morning. All welcome. NB. Please note change of time, as there is no Mass beforehand.
Fri. 1 st Mar.	7.15-8.15pm	Altar Servers meeting – Emmaus Room
Sat. 2 nd Mar.	11.00am	Saturday Club classes resume - Emmaus Room

Please note that there is no Mass on Friday next as I have an appointment for an eye scan at 9.30am.

The Dowry of Mary Pilgrimage Triduum - During the course of 2018 to 2020 the statue of Our Lady from the Slipper Chapel at the Catholic National Shrine in Walsingham will be taken to each Cathedral in England for a three-day triduum of prayer, as part of the

preparation for the re-dedication of England as the Dowry of Mary in 2020. The Tour will be coming to East Anglia from **28th February to 2nd March 2019 at St John's Cathedral, Norwich.** See the poster at the back of the church for more details.

Women's World Day of Prayer, Friday, 1st March - This annual day of prayer is led by a different community of women each year. This year it is led by women in Slovenia. **In Dereham,** the World Day of Prayer is being held at **Trinity Methodist Church, Theatre Street at 2.00pm.** The invitation to prayer is grounded in the parable that Jesus told about a great dinner which was attended by the ones called off the streets, as the ones invited excused themselves. Who are missing from the table in your community? How would you invite and prepare the feast? We pray that God open our hearts to compassion and understanding. We pray for mutual support on the path of freedom, justice, and peace.

UCM Cake & Produce Stall – Grateful thanks to all who in any way generously supported the UCM cake and produce stall sales last weekend. The sum of £85.55 was raised towards UCM charities. UCM members are also kindly reminded that the minutes of last week's meeting are available for collection from the letter rack.

130 Club - Would members please collect their renewal envelopes from the back of church. Marcia Slee will be on hand at all Masses over the next few weekends. There are still a few unallocated numbers and if anyone would like to take up one or more of these numbers, please see Marcia who can explain about the Club, which is a worthwhile fundraiser for the Parish. Members are kindly asked to ensure that their renewals are returned as quickly as possible and before the end of March at the latest. Thank you.

Parish Open Meeting – The date for this has been set for **Sunday, 19th May,** following the 11.00 am Mass. I would like to follow the usual format of Midday Prayer, lunch and then the meeting. I would be grateful if all groups in the parish could now prepare their written reports, to be sent to Elaine Wilkes before the end of April (by email where possible). The Financial Returns for last year have now been completed for submission to the Diocesan Finance Office. Items for the agenda can be sent to me by email. The agenda will be published in advance of the meeting.

Letter from Cardinal Vincent Nicholls – Please read this on the notice board. An extract says: 'On Saturday evening (23rd February) there will be a Penitential Liturgy (in Rome). I ask that at Mass on Saturday evening, you add a prayer or a comment uniting your parish to Pope Francis and all taking part in that Liturgy so that together we ask the Lord's pardon for our failings. On Sunday morning, at 8.30 a.m. UK time, we will gather in Rome for the celebration of Holy Mass, seeking the Lord's blessing on the work accomplishes and for the challenges ahead. Please do unite your parish celebration of Mass with this intention.' Please read the entire letter which is on the board. With regard to this meeting, there is a website: <http://www.pbc2019.org>. Cardinal Nicholls says at the end: 'Finally, at a very personal level, please do keep me in your own prayers. These will be difficult and painful days and I need your prayers.'