

GOSPEL REFLECTION FOR THE SIXTEENTH SUNDAY IN ORDINARY TIME



Choosing the Better Part - “Don’t just stand there gaping,” we’re told as children,” do something!” we have grown up knowing that we all must pull our weight, and so when the overworked Martha complains to Jesus that her sister Mary has not helped with the meal, we get understandably hot under the collar when Jesus condones Mary’s choice to sit at his feet in conversation. There is of course a big danger in the story of Martha and Mary. The danger is that we feel the need to side with one sister, thereby judging the other wrong. In truth, both sisters have something to teach us.

Martha we are told, was concerned with many things, but we’re led to believe that all of them were finite and transitory. If we took time to make a list of the concerns in our own lives, we might find that we have a lot of Martha in us. We worry about work; we worry about money and we worry about how we are going to fit our chores in. If we look back at our anxieties of last year, or last month, or even last week, we might be forced to admit that most of those worries had no lasting significance, yet they still managed to dominate our lives and rob us of what was important. Mary on the other hand was only concerned with one thing, ... the Kingdom of God ... finite, ultimate and lasting.

It is important to note that Jesus was not reproaching Martha, after all without Martha there would have been no meal on the table that night. Without the Marthas of the world nothing would get done. On the other hand, it doesn’t matter how hard we work, without God at the centre of our lives, our actions are hollow. Mary chose ‘the better part’, but we all need a little of Martha too.

Bitesize - “There are those who look at things the way they are, and ask why?... I dream of things that never were, and ask why not?”
 ~ Robert Francis Kennedy, 1968 presidential campaign



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>
 Diocesan Website – <http://www.rcdea.org.uk>
 Notre Dame High School, Norwich – <http://www.ndhs.org.uk>
 Daily Liturgy Website – www.universalis.com

PARISH OF THE SACRED HEART AND ST. MARGARET MARY
[Registered Charity 278742]

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Parish Music Leader: Michael King: Email: michaeljwking@gmail.com

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21ST JULY 2019 – 16TH SUNDAY IN ORDINARY TIME – Year C

[16th Week of the Year, Weekday Year I, Psalter Week 4]

Mass Times for the Week			Intentions
Sat. 20 th July	6.00 pm	16 th Sunday in Ord. Time [Parish Mass Book p111]	Priest’s Int. The People of the Parish Maria Alexandra Coita Pita
Sun. 21 st July	9.00 am 11.00 am		
Mon. 22 nd July	10.00 am	St Mary Magdalene	Priest’s Int.
Tues. 23 rd July	-	St. Bridget, Patron of Europe	No Mass today – PP’s day off
Weds. 24 th July	10.00 am	Feria	Teresa Revell
Thurs. 25 th July	10.00 am	St. James	Priest’s Int.
Fri. 26 th July	10.00 am	SS Joachim & Anne, Parents of the BVM	Priest’s Int.
Sat. 27 th July	6.00 pm	17 th Sunday in Ord. Time	Priest’s Int. John Perkins The People of the Parish
Sun. 28 th July	9.00 am 11.00 am		

Music for 16th Sunday in Ord. Time – Setting: Belmont Mass (with Memorial Acclam. 2)

Entry: 6pm – Angelus (said); Hymn 720 – Be still, for the presence of the Lord ...

Psalm: (11am sung) *R.*: The just will live in the presence of the Lord.

Offertory: Hymn 959 – All my hope on God is founded ...

Recessional: 11am – Angelus (said); Hymn 942 – Lord, for the years your love has kept and guided ...

Confession/Reconciliation: Saturday at 5.30pm, or by request/appointment

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Anniversaries this week: Peter Lindsay, John Davies, Tomasz Wyrwik, Doris Cousal, Emily Veronica (Vera) Noden, Margaret Harlow, David Thompkins, Elizabeth Sapcote, Errol Alexander Patrick Cowell, Thomas Losco-Bradley, Olga Secker, Doris Webster and Naomi Dance. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick & Housebound [with GDPR Permissions] – **Please pray for:** David Peek, Janet Yardley, Jenny Rudd, Rita Smith, Carol Whitesides, Robert Nicol, Eileen Brocklesby, Neville Hibberd, Shirley Liebenhals, Catherine Carter and Alf Charlton.

Money Matters: Thank you for your offering of £455.32 last weekend for the maintenance of our parish and for £259.21 for the Apostleship of the Sea.

130 Club Draw for June 2019 - Quarterly Prize £50 - Ticket No. 123; 1st Prize £20 – Ticket No. 116; 2nd Prize £15 – Ticket No. 119; 3rd Prize £10 – Ticket No. 100; 4th Prize £10 – Ticket No. 108; 5th Prize £10 – Ticket No. 180.

Missio Red Boxes - It is time once again for donations to the red boxes to be counted and the money sent off to *Missio* (Association for the Propagation of the Faith). So please will you bring your boxes to church over the next two Sundays, so that there can be another count and the monies sent to Missio. Thank you.

Diary Dates for this week -		
Tues. 23 rd July	7.30pm	Queen of Peace Prayer Group - Emmaus Room
Weds. 24 th July	6.30pm	Music selection & practice – Presbytery & Church. All volunteers welcome to make a joyful noise to the Lord!
Saturday Club - Please note that Saturday Club is now on summer break. Classes will resume in September. NB. There is no Saturday morning Mass during this time.		

Confirmation in July 2020 - A number of young people of Confirmation age have expressed an interest in receiving the Sacrament of Confirmation. We will begin the programme in the Autumn with a Mass of enrolment. There is still plenty of time to join the Confirmation Programme. The format for preparation for the Sacrament will be the same as last time. We will use the YouCat Programme and Michael King will be the catechist.

Mass Intentions - Where you read 'priest's intention' it means that there is no given intention for Mass that day and consequently I will announce and intention for Mass on those days.

Wednesday 24th July - Family Day from 12 - 5pm - The sisters from the Community of Our Lady of Walsingham invite parents and children to join them for midday Mass in the barn and a talk on 'St Joseph, model of Fatherhood' by Fr Gerard Mary at their convent, House of the Divine Will on Neatherd Moor. Please bring a picnic lunch and email freetobe@walsinghamcommunity.org or call 07931 795769 for further information.

Foodbank - A couple of weeks ago, Terri Sanderson took over delivering the parish's donations to the foodbank from the back of church. As a parish, we are generous but there are sometimes shortages of particular items. This week its tinned fruit, rice pudding, pasta, UHT milk and longlife fruit juices. It would be great if this can be reflected in donations. In future, each week a similar list of particularly needed items will be put up under the foodbank notice on the noticeboard to the right of the sacristy. Thanks, in anticipation.

Diocesan Event: How to Defend your Faith in the Public Square – A team from the well-known Catholic Voices project are set to run a free training day on **Saturday, 7th September 2019 from 11am-4pm at the Parish Hall of Our Lady & St. Thomas of Canterbury Church, 1 Norwich Road, Wymondham NR18 0QE.** Organised by the Diocese communications department, New Evangelisation team and Ignite Youth Team, the workshop aims to get participants to see chances to share their faith in public as an opportunity and to share some tips and techniques in preparing them to do so. It will include practical skills in “defending your faith without raising your voice” and how to talk about controversial topics with charity and clarity. To find out more or to sign-up, email evangelisation@rcdea.org.uk

Ss. Joachim and Ann, 26th July: "Celebrating Grandparents" - Whether or not Joachim and Ann are the real names of Mary's parents, this date is a good opportunity to celebrate grandparents everywhere. It reminds grandparents of their responsibility to establish a tone for generations to come, and it reminds the younger generation of older people's greater perspective.

The Angelus	
V̄.	The Angel of the Lord declared unto Mary. <i>R̄. And she conceived of the Holy Spirit. Hail Mary ...</i>
V̄.	Behold the handmaid of the Lord. <i>R̄. Be it done unto me according to thy word. Hail Mary ...</i>
V̄.	And the Word was made flesh. <i>R̄. And dwelt among us. Hail Mary ...</i>
V̄.	Pray for us, O holy Mother of God. <i>R̄. That we may be made worth of the promises of Christ.</i>
Let us pray: Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we to whom the Incarnation of Christ thy Son was made known by the message of an angel may, by his Passion and Cross, be brought to the glory of his Resurrection, through the same Christ, our Lord. Amen.	