

GOSPEL REFLECTION FOR CORPUS CHRISTI



The Spiritual Diet - The uncanny thing about being out of shape is that none of us consciously allow ourselves to become that way; it's something that creeps up on us. The extra pounds that pile on around our waistlines are the result of making wrong choices on a daily basis. Just as we can become physically unfit so we can become spiritually unfit. None of us make bad choices on purpose, but nonetheless if we make choices on a daily basis that are not based on God's values we can easily feel weighed down, dissatisfied and unhappy. The feeding of the five thousand is prophetic. Jesus is showing us that God's reign is about satisfying both human spiritual and physical need. The importance of the miracle is not so much about the multiplication of food, but the message that God can provide for all our needs.

On the Solemnity of the Most Holy Body and Blood of Christ, we are reminded that in just the same way as we care for our physical diet, we need to make Jesus part of our spiritual diet both in communion and in our daily choices to live as Christians so that we might be spiritually whole. We are invited to feel alive and rejuvenated and ready to impact the world around us.

Jesus was all about sharing. He gave his time, his love and finally his body and blood. When we receive Holy Communion in Mass our action is twofold. The Eucharist is a banquet for the multitudes in which we remember Jesus' sacrificial self-giving. More than this, we remember the promise that anyone who eats his bread and drinks his blood will share eternal life.

Bitesize – “Man is an animal which, alone among the animals, refuses to be satisfied by the fulfilment of animal desires.”

~ Alexander Graham Bell, US (Scottish-born) inventor (1847 - 1922)



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Permanent Deacon: Rev. Martin Sanderson: Tel: 01362 822590

Email: martin.sanderson@rcdea.org.uk

Parish Music Leader: Michael King: Email: church@michaeljwking.com

Parish Safeguarding Representative: Kathleen Edmunds:

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Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>
Diocesan Website – <http://www.rcdea.org.uk>
Notre Dame High School, Norwich – <http://www.ndhs.org.uk>
Daily Liturgy Website – www.universalis.com



Sacred Heart & St Margaret Mary

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www.sacredheartdereham.org.uk

Sunday 19th June 2022 – Corpus Christi – Year C

[12h Week of the Year, Weekdays Year II, Psalter Week 4]

MASSES in the PARISH

Saturday 18th June

18.00 *First MASS of Sunday*

Sunday 19th June

09.00 MASS

11.00 MASS *Live streamed*

Monday 20th June

10.00 MASS

Tuesday 21st June

10.00 MASS

Wednesday 22nd June

10.00 MASS

Thursday 23rd June

10.00 MASS & ADORATION
Live streamed

Friday 24th June

16.00 ADORATION

17.30 MASS

Saturday 25th June

18.00 *First MASS of Sunday*

Sunday 26th June

09.00 MASS

11.00 MASS *Live streamed*

THE MOST HOLY BODY & BLOOD OF CHRIST (Corpus Christi)

For the People of the Parish
Peter Saville-King+ and Family

Feria

Diana Cater (Sick)

St Aloysius Gonzaga

Anne Hannon (Sick)

SS John Fisher & Thomas More

NATIVITY OF ST JOHN BAPTIST

MOST SACRED HEART OF JESUS

13th Sunday in Ordinary Time

Freda Wilkes+

For the People of the Parish

SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30
EXPOSITION & BENEDICTION: Thursday after Mass

For *Live Streamed Masses* Search for **Dereham Catholic Church** on YouTube, or use the following link:

<https://www.youtube.com/channel/UCR-qWs-B40VTvbzezZ83MxQ/videos?view=2&flow=grid>

The parish newsletter is available on the parish website from Friday each week.

Anniversaries this week: John McGee, Thomas Murphy, June Doreen Kansen, Mary Holmes, Mary Rush, John Frizzell, Dorothy Payne, Michael Howard. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Shirley Liebenhals, Frances Saville King, Derek Williams, Patsy Gray, Collette Barrow-Nessian, Betty Reavey, Marion Ring-Davies, Fr. Brendan.

Money Matters: Offering for last Sunday: Plate £309.37. Thank you.

For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Catholic Church of Dereham.** The Sort Code is: **40-20-08** and the Account number is: **11311115.** If you are a tax payer, please also consider **Gift Aid.**

Day for Life – This Sunday, 19th June, is Day for Life and a **retiring collection** for the work of Life Charities will be taken after all Masses this weekend. This collection is used to assist the promotion of the Church's work and teaching on the dignity of human life through the support of national organisations and groups working in this field. This year's theme is *Care for the Elderly.*

Fr Brendan Update: Fr Brendan will be moved from All Hallows Neuro-rehab, Ditchingham to a care home near Bungay run by the Carmelite nuns in the coming weeks to continue his rehab. Details of the place he will be sent to will follow.

Diary Dates for this week		
Weds. 22 nd Jun.	7.30 pm	Scripture Study Group – Presbytery
Sat. 25 th Jun.	10.30-11.30 am	First Holy Communion Final Class – Emmaus Room
Sun. 26 th Jun.	First Holy Communion take place at the 11.00 Mass.	
Sun. 26 th Jun.	After 1100 Mass	Youth Club table tennis – Emmaus Room

Patronal Feast Celebration: Sacred Heart, 24th June: To celebrate our Feast, we shall have an Adoration at 1600 followed by Mass at 1730. Bring and share dinner in the garden straight after the Mass (if weather allows, if not, then we shall try to use the Emmaus Room).

No Masses: 27th – 30th June – Fr Jay will be away for his post-Easter holiday.

Refresher Lecture for Eucharistic Ministers and Lectors (Readers): This will take place on **30th July 2022.** New volunteers are welcome to join.

SVP Pilgrimage to Walsingham - 3rd July - 1.30pm Mass, Anointing of the Sick, 4.00pm Benediction

Visit of the Relics of St Bernadette to the Diocese: 13th-16th October 2022 - The Bishops of England and Wales welcome a pilgrimage of the relics of Saint Bernadette of Lourdes. The pilgrimage will take place in this Diocese from October 13th – 16th at the Cathedral of St John the Baptist, Unthank Road, Norwich NR2 2PA commencing at 11.30 a.m. on Thursday, 13th October until 09.00 a.m. on Saturday, 15th October.

Pilgrimage to Lourdes from Friday 19 to Friday 26 August 2022. For help contact the diocesan director, Deacon John Morrill at john.morrill@rcdea.org.uk or tel: 07956 536140 or at Catholic Pastoral Centre, 12 Exeter Road, Newmarket, CB8 8LT. More info. can be found on the pilgrimage website: <https://www.tangney-tours.com/pilgrimages/lourdes/catholic-association#>

Diocesan Summer Camp: Ringsfield Hall, Hall Road, Beccles, NR34 8JR on 26th – 29th August 2022. Application forms are available at the Presbytery. For more details, contact: Lorraine Furmedge, 30 Beaufort Drive, Buckden, St Neots, Cambs, PE19 5YU. Tel; 0776541170.

Youth 2000 Summer Festival, 26 – 29 August 2022, Ampleforth Abbey, York - Are you wanting to explore faith, improve your relationship with Jesus, and make loads of new friends at the same time? The charity Youth 2000 are preparing to welcome hundreds of young people from all around the UK to pray and praise together over the entire Bank Holiday weekend (Fri 26th - Mon 29th August at Ampleforth College, York). Families and under 18s are welcome! Go to youth2000.org/events/summerfestival to book your tickets before they sell out. Sponsored places are available if money is an issue - just get in touch at events@youth2000.org.uk. ~ Rachel Barry, Youth 2000 Gapper, Youth 2000 | Youth2000.org | Youth 2000 Charitable Trust | Registered Charity: 1000371

Catholic Listening & Prayer Ministry – Offering confidential support for over 18s. Whatever you are going through right now, it can help to talk. This new diocesan ministry offers a team of trained people of faith to listen and pray with you, and suggest where you could go for further help. To make an initial appointment, leave a message on 01603 957653. All calls are confidential and will be returned within 48 hours. (This is NOT a crisis line.)

Norfolk Churches Trust Bike Ride – The annual Norfolk Churches Trust Bike Ride will be taking place on **Saturday, 10th September 2022.** More information is available at <https://norfolkchurchestrust.org.uk/bike-ride/>

Diocesan Job Vacancies: Headteacher Vacancy at Sacred Heart Catholic Primary School, Peterborough for more details please visit: <https://www.rcdea.org.uk/schools/school-vacancies/>