

**PARISH OF THE SACRED HEART  
AND ST.MARGARET MARY, EAST DEREHAM, NORFOLK**

Parish Priest : Fr. John Barnes MA  
The Presbytery, 35, London Road, East Dereham NR19 1AS Reg.Charity 278742  
Tel.01362 694066 e-mail [frjohn@sacredheartdereham.org.uk](mailto:frjohn@sacredheartdereham.org.uk)  
Permanent Deacon: The Revd. Martin Sanderson Tel: 01362 822590  
Parish website: <http://www.sacredheartdereham.org.uk>

**FEBRUARY 19<sup>th</sup> 2012 : SEVENTH SUNDAY IN ORDINARY  
TIME**

**Sunday Masses**

Saturday 6.0pm Int. +William Sibley (AN)  
Sunday 9.0am Int. For the People  
11.0am Int.+James McCarthy and  
Robert McCarthy

**Weekday Masses**

Monday FERIA  
No Mass today  
Tuesday FERIA  
No Mass today  
Wednesday **ASH WEDNESDAY**  
10.0am Int. +Dave Davis (JT)  
3.0pm Int. For the Sick  
7.30pm For Vocations  
Thursday LENT FERIA  
**11.0am** +Dave Davis  
Friday LENT FERIA  
10.0am Int. +Dave Davis (UCM)  
Saturday LENT FERIA  
10.30am Int. +Dave Davis (PJM)  
6.0pm Int. For the People

**Sacrament of Reconciliation**

Saturday Noon and 5.30pm, or by appointment.

The Rosary Friday 10.30am

**The Divine Office**

The Office is said a quarter of an hour before the Mass on Weekdays. This week we use Psalter Week 3

**The Mass today**

The readings can be found on p.140 of the Parish Mass Book, and on p.852 of The Sunday Missal.

**At the 6.0pm Mass Eucharistic Prayer 2**

<i>Sanctus &amp; Benedictus</i>	Mass Book p.25
Hymns	( <i>Angelus</i> ) 807, 968
<b>At the 9.0am Mass</b>	<b>Eucharistic Prayer 3</b>
<i>Sanctus &amp; Benedictus</i>	Mass Book p.25
Hymns	720, 727, 846
<b>At the 11.0am Mass</b>	<b>Eucharistic Prayer 1</b>
<i>Gloria</i>	Lourdes
<i>Sanctus &amp; Benedictus</i>	Mass Book p.25
Hymns	708, 970, ( <i>Angelus</i> ) 938

The Psalm Response for all of the Masses is printed at the bottom of the page.

*This Sunday the quarter-hour Exposition of the Blessed Sacrament before Mass will precede the 6.0pm Mass. Next Sunday, it will take place before the 9.0am Mass.*

**Lent begins on Wednesday this week :  
ASH WEDNESDAY,  
which is a day of Fasting & Abstinence.  
Masses at 10.0am, 3.0pm (Mass for the Sick),  
and 7.30pm. At each Mass there will be the  
Blessing and Imposition of Ashes.  
The Altar is the right place to begin Lent.**

**On Friday, the first  
LENT LUNCH  
12.30pm-2.0pm at the Presbytery  
in aid of CAFOD**

**also on Friday  
STATIONS OF THE CROSS  
at 7.30pm**

### **ALSO THIS WEEK**

**Monday** Fr. John is taking today as his day off this week, instead of his usual Thursday. He won't be back on Tuesday until mid-day (in time for his usual lunchtime visit to the St. Thomas More School in Norwich), and so there will not be a Mass this week on these two days.

The Queen of Peace Prayer Group will not be meeting this week.

**Wednesday** The Young Teenage Group meets in the Narthex 6.30pm- 8.0pm (the latter part of the time will be given over to the 7.30pm Ash Wednesday Mass).

**Thursday** The (private) Cremation of Dave Davis will take place at Earlham at 9.45am, and then there will be a Requiem Mass for him here at 11.0am.

**Friday** 11.0am The ABC Group meets at the Presbytery.

**Saturday** Saturday Club, for young people aged five to twelve, resumes after the half-term break, 10.30am-11.30am.

*THIS WEEK, THE DEREHAM PARISH IS RESPONSIBLE FOR PRAYING FOR VOCATIONS : EACH PARISH IN THE DIOCESE IS ASSIGNED A WEEK TO DO THIS.*

*THE 7.30PM MASS ON WEDNESDAY WILL BE OFFERED FOR THIS INTENTION, AND THERE WILL BE A BIDDING AT EACH OF THE OTHER MASSES. PLEASE INCLUDE THIS INTENTION IN YOUR OWN PRIVATE PRAYERS.*

## **PARISH NOTICEBOARD**

**Anniversaries** Agnes Farrow (1990), Grace Chipperfield (1994), Isabel Hooper (1991), Dora Heasman (1993), Bridget Dury (2004), Frances Watson (2007), Vera Farmer (2010), and Cecilia Stack (2007). May they Rest in Peace.

**Money Matters** Last weekend £502.59 was given at the Offertory. This weekend, there will be an opportunity to support the work of the Society for the Protection of the Unborn Child (SPUC) – the annual White Flower Appeal. This is not a mandatory ‘retiring collection’, but it is a cause which many of us wish to support.

**Justice and Peace Group** The Group will be holding a Cheese and Wine Evening with Quiz on Saturday March 3rd at 7.15pm. Tickets will be on sale after the Masses this weekend.

**From Anne Sibley** ‘I would like to thank all the parishioners who have been so kind with their words of sympathy, offers of help, and Masses, following Bill’s death. I would especially like to help the ladies of UCM who sorted out all the refreshments following the funeral Mass. So much support was given that I am quite overwhelmed by everyone’s kindness. Many many thanks.’

**The Lent Book** Copies of the book which a group of us are hoping to study on Tuesday evenings during Lent, Henri Nouwen’s *THE RETURN OF THE PRODIGAL SON* have now arrived. If you ordered a copy, please obtain it from Fr.John. If you are able to give him the exact £7.30, he would be extremely grateful!

**Samuel Group** The Diocese is running a new discernment group called the ‘Samuel Group’, for single people in their 20’s and 30’s. It will meet in Cambridge, but is open to anyone in East Anglia. Please see the notice board for details.

## **LENT**

On Wednesday we begin that annual spiritual adventure which is Lent. An adventure because it provides us with opportunities to encounter God – God who is mysterious and hidden, and yet who chooses to reveal himself to those who search for Him. The three traditional disciplines of Lent, Prayer, Fasting, and Almsgiving are each ways to renewing and deepening our response and our relationship to God. Jesus, we remember on the first Sunday of Lent each year ‘went into the desert’. And we in Lent ‘go’ with him into a new and different terrain. To a spiritual place where we make more time and space for God, and concentrate upon growing in union with Him. A spiritual place where there are different and more ancient values ; a place where we recall what things really matter.

This weekend, it is as if we were getting ready to set out on a journey, a journey with Jesus into a place alive with possibilities for growth in grace, and growth in faith. It is exciting.