

PARISH OF THE SACRED HEART AND ST.MARGARET MARY, EAST DEREHAM, NORFOLK

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MARCH 18th 2012 : FOURTH SUNDAY IN LENT

Sunday Masses

Saturday 6.0pm Int. +Jeremiah Ryan
Sunday 9.0am Int. +Jan Lennon
11.0am Int. For the People

Weekday Masses

Monday SOLEMNITY OF ST.JOSEPH
10.0am Int. Barbara & Stephen Abela
Tuesday LENT FERIA
10.0am Int. A Special Intention
Wednesday LENT FERIA
7.0pm Int.
Thursday LENT FERIA
No services today
Friday LENT FERIA
10.0am Int.
Saturday LENT FERIA
10.30am Int.
6.0pm Int. +Elaine Smith

Sacrament of Reconciliation

Saturday Noon and 5.30pm, or by appointment.

Exposition and Adoration of the Blessed Sacrament

Tuesday 10.30am; Benediction at 11.0am.

The Rosary Friday 10.30am

The Divine Office

The Office is said a quarter of an hour before the Mass on Weekdays. This week we use Psalter Week 4

The Mass today

The readings can be found on p.162 of the Parish

Mass Book, and on p.198 of The New Sunday Missal.

At the 6.0pm Mass	Eucharistic Prayer 2
<i>Sanctus & Benedictus</i>	Mass Book p.25
Hymns	(Angelus) 788, 874
At the 9.0am Mass	Eucharistic Prayer 3
<i>Sanctus & Benedictus</i>	Mass Book p.25
Hymns	908, 807, 772
At the 11.0am Mass	Eucharistic Prayer 2
<i>Kyries</i>	497
<i>Sanctus & Benedictus</i>	Mass Book p.25
Hymns	851, 788, 627, (Angelus) 366

The Psalm Response for all of the Masses is printed at the bottom of the page.

This Sunday the quarter-hour Exposition of the Blessed Sacrament before Mass will precede the 9.0am Mass. Next Sunday, it will take place before the 11.0am Mass.

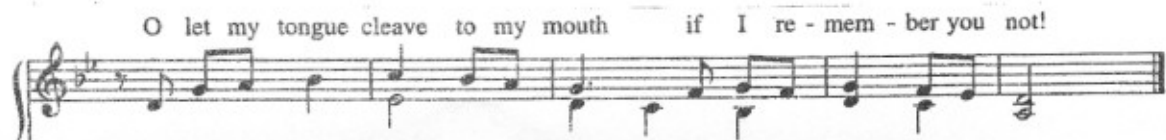
THE FOURTH WEEK OF LENT

Monday, 7.30pm-8.30pm, Presbytery
QUEEN OF PEACE PRAYER GROUP

Tuesday, 7.30pm-8.30pm, Narthex
'RETURN OF THE PRODIGAL SON'
DISCUSSION GROUP
(This week we think about The Father)

Friday, 12.30pm-2.0pm, Presbytery
LENT LUNCH FOR CAFOD

Friday, March 23rd, 7.30pm
STATIONS OF THE CROSS



ALSO THIS WEEK

Today is Mothering Sunday. Posies for the children to give to their Mothers will be blessed after the 9.0am & 11.0am Masses.

Tuesday 8.50am Fr. John speaks at Assembly at Reepham High School, and at 1.30pm says a Form Mass at the St. Thomas More School in Norwich.

Wednesday 8.50pm Fr. John speaks at a second Assembly at Reepham, and later in the morning attends the quarterly meeting of the Diocesan Historic Churches Committee at Poringland. Please note that Mass today is at 7.0pm.

Thursday 4.30pm Fr. John and Deacon Martin attend a Deanery Clergy Meeting at King's Lynn.

Friday 11.0am The ABC Group, Presbytery.

Saturday 10.30am-11.30am Saturday Club, for young people aged five to twelve.

PARISH NOTICEBOARD

Anniversaries Janet Lennon (2008), Desmond Stone (2004), and Sheelah de Chenu (2001). May they Rest in Peace.

Money Matters Last Sunday £530.11 was given at the Offertory. At the Lent lunch last Friday, for which Nichole Langhan kindly made the soup, a further £23.00 was raised for CAFOD.

Peggy Free RIP We were sad to hear of the death of Peggy Free, who was a faithful member of the Parish for many years. She was a member of the Mother Teresa Knitting Group. After her husband Tony's death, three or so years ago, she left Bylagh to live near to one of her daughters, in Huntingdonshire. She is to be buried with Tony at Bylagh, and her Funeral Mass will be here a week on Monday, March 26th, at Noon.

SVP Elaine Wilkes writes 'The SVP has received an offer of a mobility scooter, free of charge, for anyone in need. If anyone is interested, please contact Anne Maskell on 01362 860721.

Lenten Veiling When you come to Mass next Sunday, you will hopefully find that the veiling is in place on the Crucifixes and statues. I wonder if any fit and healthy man would be prepared to help me put the veiling onto the big hanging crucifix? It

involves the manipulation of the extending ladder, which I can't really operate on my own.....

HALF WAY THROUGH

As well as being known as Mothering Sunday and Refreshment Sunday, today is also known as Mid-Lent Sunday. Yes, we are half way through this special season in which we prepare to celebrate the dying and the rising of the Lord at Easter.

So it was good to hear at this point in Lent the Gospel reading for last Friday – Our Lord giving his two great commandments, that we should love God and love one another. And to note that the emphasis is very much on the first one, which is the 'first and great commandment', namely, that we love God. In a way, if we are keeping this one, then the second will take care of itself. Because it would be impossible to have a real and deep love for God, whilst remaining indifferent to our neighbour, who is loved by God just as we are. If we don't love our neighbour, then the genuineness of our love for God would be called into question.

Good to be reminded of our duty and privilege to love God at this point in the year just because the three Lenten disciplines of Prayer, Fasting, and Almsgiving are all, in fact, aimed at promoting the love of God within us. Prayer most obviously, because the spending time in God's presence - which is what prayer is - is a natural part of love. We want to be with the one we love, we want to give them our attention, we want to look at them and listen to them. But Fasting is about loving God too. When we fast, we become more attuned to Him, and more receptive to him. Our spiritual faculties are enhanced. Those faculties are dulled by self-indulgence. And Almsgiving : when we give to our neighbour in his poverty and need, we are imitating the generous love to God, and again, copying, imitating, is a way of showing our regard for the one we love.

Love God, the Gospel tells us. And these Lenten disciplines of Prayer, Fasting, and Almsgiving provide ways of doing this very thing.

A JOKE

Q. If your head is wooly, and you're turning white, what is happening to you?

A. You're being laminated!