

## GOSPEL REFLECTION FOR THE SIXTH SUNDAY IN ORDINARY TIME



### Follow Your Heart

It's a sad truth that those who walk free from court aren't necessarily innocent. Sometimes the man or woman who walks free from court simply has the better solicitor. Lawyers do a good and valuable job, but it has to be said that some lawyers take more pride in finding legal loopholes than the truth.

In today's gospel reading Jesus invites us to consider that it is not just laws in themselves that are important but our attitude towards those laws. Perhaps we haven't committed murder, but have we harboured hatred? We might not have committed adultery, but have we failed to live up to the love we once promised our spouse? We might not have committed theft, but are our hearts set on the wealth our neighbours have earned? Laws might seem to fence our lives with rods of uncompromising iron, but most laws are simply expressions of how we should behave towards each other. The unwritten laws of love bind us in promises that we wouldn't dream of compromising let alone riddling with loopholes. When it comes to those we love, we don't need a statute book, our heart tells us what to do. The written law should be no different.

Laws are written down in books of statute and commandments are written in the Bible, but the spirit of the law must exist in our hearts. What exists in our hearts is as important if not more important than our actions. As a newly qualified driver mentally rehearses his or her first solo drive, so we must follow where our hearts go first.

#### Bitesize -

"Your heart knows you, even if you don't yet know your heart." *Luke Austen*



**PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.**

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>  
 Diocesan Website – <http://www.rcdea.org.uk>  
 Notre Dame High School, Norwich – <http://www.ndhs.org.uk>  
 Daily Liturgy Website – [www.universalis.com](http://www.universalis.com)

## PARISH OF THE SACRED HEART AND ST. MARGARET MARY

[Registered Charity 278742]

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## 16<sup>TH</sup> FEBRUARY 2020 – 6<sup>TH</sup> SUNDAY IN ORDINARY TIME – Year A

[6<sup>th</sup> Week of the Year, Weekday Year II, Psalter Week 2]

Mass Times for the Week			Intentions
Sat. 15 <sup>th</sup> Feb.	6.00 pm	6 <sup>th</sup> Sunday in Ord. Time [Parish Mass Book p136]	Fr. Harry Wace ( <i>Fdn</i> ) The people of the parish Myrna & Philip Kemp
Sun. 16 <sup>th</sup> Feb.	9.00 am 11.00 am		
Mon. 17 <sup>th</sup> Feb.	10.00 am	Feria	Robert McCarthy
Tues. 18 <sup>th</sup> Feb.	-	Feria	<b>No Mass today</b>
Weds. 19 <sup>th</sup> Feb.	-	Feria	<b>No Mass today</b>
Thurs. 20 <sup>th</sup> Feb.	10.00 am	Feria	Jack & Ena Connolly ( <i>Fdn</i> )
Fri. 21 <sup>st</sup> Feb.	10.00 am	Feria	TBA
Sat. 22 <sup>nd</sup> Feb.	-	The Chair of S Peter	<b>No morning Mass</b>
Sun. 23 <sup>rd</sup> Feb.	6.00 pm 9.00 am 11.00 am	7 <sup>th</sup> Sunday in Ord. Time	TBA Alex Eldred The people of the parish

**Music for 6<sup>th</sup> Sunday in Ordinary Time – Setting:** New People's Mass

**Entry:** 6pm – Angelus (said); Hymn 836 - Summoned by the God who made us...

**Psalm:** (sung at the 11am Mass) *R.*: They are happy who follow God's law!...

**Offertory:** Hymn 892 - The Lord hears the cry of the poor...

**Memorial Acclamation:** 2.

**Recessional:** 11am – Angelus (said); Hymn 810 - There's a wideness in God's mercy...

**Confession/Reconciliation: Saturday at 5.30pm, or by request/appointment**

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

**Anniversaries this week:** Michael Triggs, Joan Bedwell, Robert McCarthy, Gerard Keogh, Mary Allison, Agnes Lilian Farrow, Grace Chipperfield, and Margaret Kirk. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits:** If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

**Sick & Housebound [with GDPR Permissions] – Please pray for:** Janet Yardley, Jenny Rudd, Carol Whitesides, Robert Nicol, Eileen Brocklesby, Shirley Liebenhals, Catherine Carter, Alf Charlton, Frances Saville King, Una McWeeny, Derek Williams.

**Money matters:** Thank you for your offering of £301.36 last weekend for the maintenance of our parish and for £122.71 for Racial Justice Sunday. During January you also gave £457.00 by standing order or by direct debit.

Diary Dates for this week -		
Tues. 18 <sup>th</sup> Feb.	7.30pm	Queen of Peace Prayer Group – Emmaus Room
Weds. 19 <sup>th</sup> Feb.	7.30pm	Parish Finance Committee - Presbytery
Thurs. 20 <sup>th</sup> Feb	6.30pm	Music selection & practice – Presbytery & Church. All volunteers welcome to make a joyful noise to the Lord!
Sat. 22 <sup>nd</sup> Feb.	Saturday Club is on half-term. Classes resume 29 <sup>th</sup> February.	

The Ministry to Priests Programme takes place at Clare Priory this week, hence no mass on Wednesday.

**Bishop Alan's Visit: Sunday, 23<sup>rd</sup> February** – this is next weekend. The Bishop will preside at the 9.00am and 11.00am masses. During the 11.00am mass there will be an enrolment ceremony for the Confirmation candidates. Candidates and their parents are asked to be in attendance.

**Ash Wednesday** is on February 26th.

**Dereham Churches Prayer and Fellowship Evening.** It will be our turn once more to host this. It will take place here on March 3rd at 7.30pm. The format of Sung Vespers (Evening Prayer of the Church) seems to work.

**130 Club** - Would members please collect their renewal envelopes from the back of church. Marcia Slee will be on hand at all Masses over the next few weekends. There are still a

few unallocated numbers and if anyone would like to take up one or more of these numbers, please see Marcia who can explain about the Club, which is a worthwhile fundraiser for the Parish. Members are kindly asked to ensure that their renewals are returned as quickly as possible and before the end of March at the latest. Thank you.

### Student Sunday - 16th February 2020

Student Sunday, also known as Universal Day of Prayer for Students is celebrated every year on the third Sunday of February around the globe. The Christian Student Movement responds to the call of Jesus to follow him and show the love of God on campus, in our communities and in the world. The movement comes together as an ecumenical and inclusive community, fostering unity in diversity and exploring faith through worship, discussion and action. If you are a student and would like to become a member visit [www.movement.org.uk/students](http://www.movement.org.uk/students)

On this day we also pray that students, who are the future of our world, will work with energy for the common good.

### The Feast of the Chair of Peter - 22nd February.

In every diocese, the 'head church' is called the cathedral. The word cathedral, is derived from the Latin word cathedra, which means chair. Ever since the times in which the apostles lived, the Bishop's cathedra, or chair, has symbolised leadership and authority..... the same authority that Jesus first gave to Peter, our first Pope. The feast of the 'Chair of Saint Peter' commemorates the establishment of the See of Rome.

### Our Common Home - Eco Online Petition

Our oceans are in crisis. Overfishing, oil drilling, climate breakdown and plastic pollution are just some of the threats destroying our blue planet. But we can help protect them - and a strong Global Ocean Treaty is the way to do it. In just two months time, world governments will meet and have the chance to make this global treaty a reality. To secure historic ocean protection, we need a senior UK Government minister to lead treaty negotiations at the UN - if not these talks could be a massive failure for our oceans. Urge your MP to tell the Prime Minister to show ambition and send a senior minister to the treaty negotiations to secure the ocean protection our blue planet needs?

To sign the petition visit [www.greenpeace.org.uk](http://www.greenpeace.org.uk) Follow the link to 'get involved' 'take action today' and 'save our oceans'.

### The Angelus

*Ÿ.* The Angel of the Lord declared unto Mary. *Ŕ.* And she conceived of the Holy Spirit. *Hail Mary*

*Ÿ.* Behold the handmaid of the Lord. *Ŕ.* Be it done unto me according to thy word. *Hail Mary ...*

*Ÿ.* And the Word was made flesh. *Ŕ.* And dwelt among us. *Hail Mary ...*

*Ÿ.* Pray for us, O holy Mother of God. *Ŕ.* That we may be made worth of the promises of Christ.

**Let us pray:** Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we to whom the Incarnation of Christ thy Son was made known by the message of an angel may, by his Passion and Cross, be brought to the glory of his Resurrection, through the same Christ, our Lord. Amen.