

GOSPEL REFLECTION FOR PENTECOST SUNDAY

Something Extraordinary



How often have we heard the claim ... "I never knew he had it in him!" The astonished claim is usually made when someone seemingly ordinary has achieved something extraordinary. We may have experienced firsthand the surprise at finding hidden depths in times of trouble. Some of us might imagine that those depths were always there, dormant and untested. Others might be reminded that Jesus promised to leave us his Spirit to strengthen and guide us.

On Pentecost Sunday we celebrate the pouring out of the Holy Spirit upon the first disciples and how the Holy Spirit inspired them to reach out around the world regardless of language, culture, race, age or class. Suddenly a group of frightened and inactive disciples stepped out of their comfort zones and began to do amazing things. These once ordinary people began to communicate in word and deed with seemingly little regard for their own safety. The early Christians were so inspired that they attracted the interest of non Christians who added their numbers day by day.

Can the Holy Spirit work similar wonders day? Can the Holy Spirit lend courage where there is fear, clarity where there is confusion and unity where there is diversity? Could the Holy Spirit help us find new ways to reach out? Acknowledging that the Holy Spirit could work through us is a very powerful belief. Empowered in baptism, could we be ordinary people capable of the extraordinary?

Bite Size

"We all have the extraordinary coded within us, waiting to be released."

Jean Houston

**PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come.
Through Christ our Lord. Amen**

Useful links: Diocesan Website: <http://www.rcdea.org.uk>
Notre Dame High School, Norwich: Website <http://www.ndhs.org.uk>

PARISH OF THE SACRED HEART AND ST MARGARET MARY **[Reg. Charity 278742]**

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Parish Safeguarding Representative: Kathleen Edmunds –

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15TH MAY 2016 – PENTECOST SUNDAY

Sunday Masses – Page 294 of Parish Mass Book

Saturday	6.00 pm	
Sunday	9.00 am	Bill Wells
	11.00 am	

Music for Sunday Masses - Setting: Dom Gregory Murray Mass

Entry 6pm – *Regina Coeli (said)*; Hymn 720 – Be still, for the presence of the Lord ...

Offertory Hymn 302 – Breathe on me, Breath of God ...

Communion *Instrumental Interlude/Sacred silence ...*

Recessional 11am – *Regina Coeli (said)*; Hymn 764 – Colours of day dawn into the mind ...

CONFESSION/RECONCILIATION - Saturday at 5.30 - 5.55 pm

Weekday Mass Times (7th week in Ordinary Time) [Psalter Week 3]

Mon.	No Mass today	- Feria
Tues.	12.30 pm	Funeral Service for Pamela Clark
Weds.	10.00 am	- Feria
Thurs.	10.00 am	- Feria
Fri.	10.00 am	- Feria
	5.45 pm	Exposition of the Blessed Sacrament & Silent Prayer
	6.15 pm	Evening Prayer (Vespers)
Sat.	10.30 am	- Feria
	6.00 pm	- THE MOST HOLY TRINITY

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Anniversaries this week: Henry Westcott, Noel Kenneth Daly and Esther Power. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King's Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John's Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick List - Please pray for: Joan Blakiston, David Peek, Michael Reavey, Robert Nicol, Doreen Kanssen, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, David & Anna Thompkins, Michelle Smith, Rita Smith, Rhonda Darby, Eileen Brockleby, Pat Howe, Kathleen (Jenny) Rudd and Pat Grout.

Pam Clark – The funeral service for Pam Clark is on Tuesday, 17th May at 12.30pm.

Money Matters – The collection last weekend was £460.72 and the collection for the Catholic Communication Network was £143.99. Thank you all very much.

Diary Dates for this week –

- Tues. 17th May – **Please note there is no Queen of Peace Prayer Group meeting this week.**
- Weds. 18th May – SVP meets – 2.00pm in the Emmaus Room.
- Sat. 21st May – Saturday Club meets – 11.00am in Emmaus Room.

Christian Aid Week: 15th-21st May - Jesus calls us to love our neighbour as ourselves, and not just the ones next door or at the end of the street. Christian Aid Week unites over 20,000 churches to put this love in to action. Look out for the collecting boxes and give generously if you can.

For The Church - At Pentecost we are invited to pray for the Church. We are invited to pray for Pope Francis that he may be a focus for unity and peace. We are invited to pray for our church locally, that we might be a beacon of warmth, friendship and support to those in our community. We are invited to pray for the persecuted church in parts of the world where Christianity is under threat.

Pentecost Some Facts

- The Day of Pentecost, as recorded in Acts 2, occurred 50 days after Jesus' resurrection and 10 days after His ascension.
- The day celebrates the sending of the Holy Spirit to the disciples following Jesus' ascension.
- The Day of Pentecost is seen as the culmination of the Easter season.
- In many calendars, the day is listed as "Whitsunday." This comes from the phrase "White Sunday," and refers to practice of the newly baptized appearing in their white, baptismal garments on that day.

Diocesan Summer Camp 2016 – At Eccles Hall from Fri. 26th August to Mon. 29th August 2016 - For applicants aged between 8 yrs to 14 yrs of age. Cost £83.00. To reserve a place on Camp a fully completed application form together with a deposit of £25 is required by 31st May 2016. Early booking is recommended. A separate application form is required for each child. For more information, see the application forms and poster at the back of church. or contact Chris Storman (tel: 01493 717121 or chrisies18@hotmail.com) or Lorraine Furmedge at diocesansummercamps@gmail.com

Pilgrimage to the Holy Land - Travelling from Luton with return flights, all transport in the Holy land, entrance fees, guiding and gratuities. Staying in 3* accommodation on a half-board basis visiting the Holy Places and meeting the local Christian community. From 17th to 24th October 2016. Cost £1350 per person sharing a twin room. Single rooms are available. For more details or to book: info@pilgrimagepeople.org or call free on 0800 6123423.



The Fortieth Anniversary of The Catholic Diocese of East Anglia, 1976 - 2016. The Rt. Rev. Bishop Alan Hopes warmly invites you to join with the Diocese in the Cathedral of St. John the Baptist, Norwich on the Solemnity of the Sacred Heart of Jesus, **Friday, 3rd June at 6.30 pm** for **Solemn Concelebrated Mass of Thanksgiving. Preacher: H.E. Cardinal Vincent Nichols, Archbishop of Westminster.** Mass will be followed by refreshments in the Cathedral grounds. We could hire a coach for this if enough people are interested. As it is our Feast Day, our Cathedral and our Diocese and it's close by, it should be an easy decision! ***There is a list at the back of church for names for travel by coach to the Cathedral.***

In Eastertide, we recite REGINA COELI in place of the ANGELUS :

Queen of heaven, rejoice, Alleluia.

For he, whom you did merit to bear, Alleluia,

Has risen as he said, Alleluia.

Pray for us to God, Alleluia.

Rejoice and be glad, O Virgin Mary, Alleluia.

For the Lord has truly risen, Alleluia.

Let us pray: O God, who gave joy to the world through the resurrection of your Son, our Lord Jesus Christ, grant we beseech you, that through the intercession of the Virgin Mary, his mother, we may obtain the joys of everlasting life, through the same Christ our Lord. Amen.