

GOSPEL REFLECTION FOR THE THIRD SUNDAY OF LENT



Breaking Down Barriers.

The woman at the well in today's gospel was struggling through life with a great deal of baggage. Firstly, she was a woman with a lesser role in society; not only that, but a woman without a husband and to add insult to injury, a woman with a bad reputation. Secondly, the woman was a Samaritan, a foreigner, and as such, regarded by most as a person to be avoided altogether. Jesus puzzles the woman. He is a man and he is a Jew, in other words, the very last person she would have

expected to strike up a conversation. Life had taught the woman to expect something very different. Life had taught her to expect contempt and rejection. Is this why we keep our own failings under wraps? Do we, like the Samaritan woman expect our friends, family and work mates to be unforgiving and uncompromising if they knew the real us?

God's love is like a sprinkler system spreading Christ's unconditional life-giving water without prejudice or judgement. Lent is the time to unravel all our hidden pain and set it before God. Lent is the time to take a leaf out of Jesus' book, to see the pain in the lives of others and break down the barriers society has built.

Bitesize – "I myself am made entirely of flaws, stitched together with good intentions."
Augusten Burroughs, Magical Thinking

The Angelus

∇. The Angel of the Lord declared unto Mary. **R.** *And she conceived of the Holy Spirit. Hail Mary*
 ∇. Behold the handmaid of the Lord. **R.** *Be it done unto me according to thy word. Hail Mary ...*
 ∇. And the Word was made flesh. **R.** *And dwelt among us. Hail Mary ...*
 ∇. Pray for us, O holy Mother of God. **R.** *That we may be made worth of the promises of Christ.*
Let us pray: Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we to whom the Incarnation of Christ thy Son was made known by the message of an angel may, by his Passion and Cross, be brought to the glory of his Resurrection, through the same Christ, our Lord. Amen.



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>
 Diocesan Website – <http://www.rcdea.org.uk>
 Notre Dame High School, Norwich – <http://www.ndhs.org.uk>
 Daily Liturgy Website – www.universalis.com

PARISH OF THE SACRED HEART AND ST. MARGARET MARY
[Registered Charity 278742]

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15TH MARCH 2020 – 3RD SUNDAY OF LENT – Year A

[3rd Week of Lent, Weekday Year II, Psalter Week 3]

Mass Times for the Week			Intentions
Sat. 14 th Mar.	6.00 pm	3 rd Sunday of Lent <i>[Parish Mass Book p158]</i>	Teresa Kendall (Wilkes)
Sun. 15 th Mar.	9.00 am		<i>Tba</i>
	11.00 am		The People of the Parish
Mon. 16 th Mar.	10.00 am	Lent Feria	Joan Evans
Tues. 17 th Mar.	10.00 am	S Patrick	Robert Poth
Weds. 18 th Mar.	-	Lent Feria	No Mass today
Thurs. 19 th Mar.	10.00 am	S Joseph, Spouse of BVM	Diana & Harold Cater – 60 th Wedding Anniversary
	4.00 pm	Reception into church of Alf Charlton	
Fri. 20 th Mar.	10.00 am	Lent Feria	John Perkins
	10.30 am	Stations of the Cross	
Sat. 21 st Mar.	10.30 am	Lent Feria	Alf Charlton (SVP)
Sun. 22 nd Mar.	6.00 pm	4 th Sunday of Lent	Catherine Carter (Sandersons)
	9.00 am		Jeremiah Ryan
	11.00 am		The People of the Parish

Music for 3rd Sunday of Lent – Setting: Sacred Heart Mass

Entry: 6pm – Angelus (said); Hymn 212 – All ye who seek a comfort sure ...

Psalm: (11am sung) **R.**: *O that today you would listen to his voice: 'Harden not your hearts.'*

Offertory: Hymn 965 – As the deer pants for the water ...

Music continued on page 2 ...

Confession/Reconciliation: Saturday at 5.30pm, or by request/appointment

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Music continued ...

Memorial Acclamation: B(2) [from *New People's Mass*]

Recessional: 11am – Angelus (said); Hymn 211 – Our Father, we have wandered ...

Anniversaries this week: Stan Bennett, Eugenie Beckett, John Hogan, Charles Hixson, Thomas Donoghue, Janet Lennon, Margaret Cliffe, Andrea O'Connor, Margaret (Peggie) Jackson, Joy Lannon, Mary Roberts and Desmond Stone. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick & Housebound [with GDPR Permissions] – Please pray for: Janet Yardley, Jenny Rudd, Carol Whitesides, Eileen Brocklesby, Shirley Liebenhals, Frances Saville King, Una McWeeny, Derek Williams, Teresa Kendall, Greta Cummings.

Money Matters: Thank you for your offering of £414.31 for the day to day maintenance of our parish last weekend and for £489.64 for CAFOD Family Fast Day. Thanks also are sent from the Foodbank for your donations of 726kg of food in the last 12 months. You helped provide around 1163 meals to people in crisis.

130 Club Draw for February 2020 - 1st Prize £20 – Ticket No. 183; 2nd Prize £15 – Ticket No. 51; 3rd Prize £10 – Ticket No. 16; 4th Prize £10 – Ticket No. 128; 5th Prize £10 – Ticket No. 111.

Diary Dates for this week -		
Tues. 17 th Mar.	7.30pm	Queen of Peace Prayer Group - Emmaus Room
Weds. 18 th Mar.	6.30pm	Music selection & practice – Presbytery & Church. All volunteers welcome to make a joyful noise to the Lord!
Fri. 20 th Mar.	7.15-8.45pm	Confirmation Group meeting – Emmaus Room
Sat. 21 st Mar.	11.00am	Saturday Club - Emmaus Room

Mass Times this Week - It is not a 'typo', there will be a Mass on Tuesday at 10.00am, St. Patrick's Day. However, I will be going over to Clare Priory afterwards for the Ministry to Priests Programme and so there is no Mass on Wednesday.

The Funeral Mass for Robert 'Nick' Nicol will be on Friday, 27th March at 11.30 a.m.

The Servery: I would be very grateful if groups serving tea, coffee etc. would please use the dishwasher for cups, mugs, teaspoons etc. The dishwasher will give a more hygienic wash. It should be used every time from now on.

Chrism Mass: Tuesday 7th April: A coach has been booked to depart from Sacred Heart at 5.30pm promptly. It is due to be here at 5.15pm. Good seats are also to be found in the transepts of the Cathedral, worth checking out.

Parish Open Meeting: Sunday, May 10th is the date set for our Parish Meeting following the 11.00am Mass. This will provide the opportunity to present the Parish Accounts and discuss any pressing issues. Our Parish Report will have the reports from all the groups working in the parish. I would like to ask all the groups to send them in as soon as possible.

130 Club – Any 130 Club members who have not yet done so are kindly asked to ensure that their renewals are returned as quickly as possible and before the end of March at the latest. Thank you.

Upcoming Youth Events (from the Diocesan Ignite Team) –

- * **March 20th:** One of the brothers from the **Taizé** community is coming to Norwich Anglican Cathedral leading Taizé prayer around the Cross from 7pm - 8pm. This is a great opportunity for our young people to experience this type of prayer.
- * **May 8th - 10th: Ignite Festival** in Swaffham. Bishop Alan expects everyone preparing for Confirmation to come but it is also open to anyone in Year 8 and above. Please note that this year we are running it from the Friday - Sunday (rather than Saturday - Monday) to coincide with the Diocesan Pilgrimage to Walsingham which this year is on Bank Holiday Friday 8th May. People have the option of going to the Pilgrimage first and then coming on to the Festival. Please see www.ignitefestival.co.uk for more information.
- * **June 20th & 21st:** We are helping run Celebrate East Anglia in Bury St. Edmunds. This is a conference for people of all age with contemporary praise and worship music, workshops and high-quality talks. Children and young people have their own programme with everyone joining together for Mass. See www.celebrateconference.org
- * **July 26th - July 31st: Youth pilgrimage** to Malta for people age 16 - 35. There is information online at www.rcdea.org.uk/youth

Caritas Festival - Caritas East Anglia is holding a Festival to celebrate sharing God's love with our neighbour at St George's, Norwich, on Sat. 28th March. If you are involved in social outreach work, e.g. with the poor, homeless, marginalised, please come and celebrate with us! For more information, or to book a place, please email: caritas@rcdea.org.uk

Reading Matthew in Lent, Podcasts - 'Reading Matthew in Lent' is a series of simple podcasts for the Lenten season offering a daily reading from St Matthew's Gospel. You can download and listen to the podcasts at <https://www.cbcew.org.uk/podcast/>

Lenten Alms Box - There is a box at the back of the church throughout Lent to receive your Lenten Alms. This year the proceeds from across the Diocese will be divided equally between SVP East Anglia and Friends of the Holy Land.

