

GOSPEL REFLECTION FOR THE 28TH SUNDAY IN ORDINARY TIME



Living in Wholeness

You must have met people who blame God when bad things happen. Do those same people give credit to God when good things happen? Today's gospel reading is a lesson on living in gratitude and wholeness.

Jesus cures ten lepers and nine of them hurry off without a word of thanks. Presumably they can't wait to get back to their families and loved ones. They can't wait to get back to where they left off. They can't wait to get back to 'normality'. To the nine lepers Jesus must have seemed nothing more than a biblical paramedic. How often do we fall into the same trap? We pray to God to help us through some crisis, but when the crisis blows over, do we remember to thank God or do we heave sigh of relief and carry on as 'normal'?

The one leper who returned to thank Jesus recognised that his life would never be 'normal' again. Something extraordinary had happened; his life had been touched by God. The nine lepers who returned to normality knew they had been made well, but the one who returned to thank Jesus recognised that not only had he been made well he had been made whole. The leper who returned was not about to forget what God had done for him. The leper who returned was bubbling over with gratitude.

We all have reasons to bubble over with gratitude to God. The key to living in wholeness is to appreciate when God lifts us from 'normality' and 'ordinariness'.

Bitesize – "Gratitude is our most direct line to God and the angels. If we take the time, no matter how crazy and troubled we feel, we can find something to be thankful for."
~ Terry Lynn Taylor



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>
Diocesan Website – <http://www.rcdea.org.uk>
Notre Dame High School, Norwich – <http://www.ndhs.org.uk>
Daily Liturgy Website – www.universalis.com

PARISH OF THE SACRED HEART AND ST. MARGARET MARY [Registered Charity 278742]

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13TH OCTOBER 2019 - 28TH SUNDAY IN ORDINARY TIME – Year C

[28th Week of the Year, Weekday Year I, Psalter Week 4]

Mass Times for the Week			Intentions
Sat. 12 th Oct.	6.00 pm	28 th Sunday in Ord. Time [Parish Mass Book p149]	<i>Tba</i>
Sun. 13 th Oct.	9.00 am 11.00 am		The People of the Parish Joao Lobo & Thanksgiving
Mon. 14 th Oct.	10.00 am	Feria	Paul Morris (Nicol)
Tues. 15 th Oct.	-	S Teresa of Jesus	No Mass today – PP's day off
Weds. 16 th Oct.	-	Feria	No Mass today
Thurs. 17 th Oct.	10.00 am	S Ignatius of Antioch	Elizabeth Geoghan (Mealy)
Fri. 18 th Oct.	10.00 am	S LUKE	<i>Tba</i>
Sat. 19 th Oct.	10.30 am	Feria	<i>Tba</i>
Sun. 20 th Oct.	6.00 pm 9.00 am 11.00 am	29 th Sunday in Ord. Time	Elaine Smith The People of the Parish Maria Alexandria Coita Pita

Music for 28th Sunday in Ord. Time – Setting: New People's Mass (& Mem. Acclam. 2)

Entry: 6pm – Angelus (said); Hymn 836 – Summoned by the God who made us ...

Psalm: (11am sung) *R.*: The Lord has shown his salvation to the nations.

Offertory: Hymn 432 – Lay your hands gently upon us ...

Recessional: 11am – Angelus (said); Hymn 942 – Lord, for the years ...

Confession/Reconciliation: Saturday at 5.30pm, or by request/appointment

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Anniversaries this week: Pat Rushton, Elaine Smith, Michael Reavey, Monica Hodac, James Reavey, Michael Hogan, Barbara Kellett and Bertha Credland. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick & Housebound [with GDPR Permissions] – Please pray for: Janet Yardley, Jenny Rudd, Rita Smith, Carol Whitesides, Robert Nicol, Eileen Brocklesby, Shirley Liebenhals, Catherine Carter, Alf Charlton, Frances Saville King, Una McWeeny, Derek Williams.

Money Matters: Thank you for your offering of £396.54 last weekend and for £507 given in September by standing order/direct debit for the day-to-day running of our parish.

Annual Mass Count – We need to count everyone who attends Mass over four weekends. We should have started two weeks ago, but we can do it over the next four weekends.

Diary Dates for this week -		
Tues. 15 th Oct.	7.30pm	Queen of Peace Prayer Group – Emmaus Room
Weds. 16 th Oct.	6.30pm	Music selection & practice – Presbytery & Church. All volunteers welcome to make a joyful noise to the Lord!
Fri. 18 th Oct.	7.15-8.15pm	Altar Servers meeting – Emmaus Room
Sat. 19 th Oct.	11.00am	Saturday Club - Emmaus Room

Mass Times – Please note I will be attending the Ministry to Priests' Programme at Clare Priory this week, hence no Mass on Wednesday.

Paul Morris – Una, Fiona, Sarah and family would like to say thank you for all the sympathy cards and Masses we have received on the death of Paul. We would also like to express our appreciation to all who attended his requiem. These have been of great comfort to us.

Prisoners' Sunday, 13th October - Prisoners' Sunday marks the first day of the ecumenical Prisons Week, a week of prayer which has been raising awareness of issues faced by those affected by the criminal justice system. "On Prisoners' Sunday my prayer is that we may find the courage to look beyond our systems of worldly justice, however necessary these may be, in order to know and show that all are truly invited to share in his Kingdom. And I commend to you the work of **Pact** who in a myriad of very practical ways seek to make that invitation real to prisoners and their families." (*Cardinal Vincent Nichols*)

World Mission Sunday, 20th October 2019 – 'Together we are Mission' – Next Sunday is World Mission Sunday, when the Holy Father invites all Catholics to contribute to a special collection for Missio, his charity for world mission. Please support Missio in helping missionaries to work alongside communities throughout the world that are poor or in need, regardless of their background or belief. Join in on this special day, that unites Catholics all over the world in prayer and celebration of our Church's mission to share God's love with all creation – 'Together we are Mission'. You will be able to Gift Aid your donations by using envelopes provided by Missio. For more information, visit www.missio.org.uk. Thank you.

Family Fast Day – Thank you for supporting CAFOD's Family Fast Day last week. **Our parish raised £471.58** which means more poor families around the world will receive life-changing support. Thank you for your generosity.

Working with Missionaries of the Poor - Fr Michael Johnstone is again taking a group to Kingston, Jamaica in January to work as Volunteers with the Missionaries of the Poor. Anyone age over 18, male or female is welcome to join the group. Further information from Fr. Michael, Tel. 01603 664118. Email fr.mcjohnstone@gmail.com

Handbag Project for Homeless Women – UCM members will be taking part in the handbag project for homeless women again this year. We have enough handbags and toiletries this year, but we need warm hats, scarves, gloves and women's socks please. If anyone could donate, we should be very grateful.



Thank you. The UCM Ladies.

Day of Recollection with the Community of Our Lady of Walsingham – Only a handful of parishioners attended this, but they came back full of praise for what they experienced with the Sisters. I think this should be arranged again and perhaps become an annual event in our parish life. It is always good to withdraw and be quiet for a while.

The Angelus

V. The Angel of the Lord declared unto Mary. *R. And she conceived of the Holy Spirit.*
Hail Mary ...
 V. Behold the handmaid of the Lord. *R. Be it done unto me according to thy word.*
Hail Mary ...
 V. And the Word was made flesh. *R. And dwelt among us.* *Hail Mary ...*
 V. Pray for us, O holy Mother of God. *R. That we may be made worth of the promises of Christ.*

Let us pray: Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we to whom the Incarnation of Christ thy Son was made known by the message of an angel may, by his Passion and Cross, be brought to the glory of his Resurrection, through the same Christ, our Lord. Amen.