

GOSPEL REFLECTION FOR THE NINETEENTH SUNDAY IN ORDINARY TIME



Rock the Boat

What gives you that sinking feeling? What is it that you are most afraid of? Could it be starting a new job or a new relationship? Could it be public speaking, confrontation, ridicule, illness, failure, rejection or death? There's no doubt about it, life is a big tumultuous sea full of hidden dangers. Is it any wonder we seek to carve a little niche in which to tuck ourselves away and live life safely.

In today's gospel, Peter displays some odd behaviour. The disciples have gone ahead of Jesus and are sitting alone in a small fishing boat. Suddenly a storm brews up and the disciples are terrified for their lives. Just then, Jesus walks over the water telling them, "Take heart, it is I; do not be afraid." Surely any of us at this point would have decided to sit tight and wait to be rescued. Not Peter! Peter scrambles out of the boat and begins in all faith to walk towards Jesus. The great news is that when Peter suddenly got frightened and his faith faltered, Jesus was there with a strong arm to hold him up.

Just as Jesus called Peter from the boat, so Jesus calls us over life's storms. What is it we might venture to do? We might venture to change our jobs for something more worthwhile. We might venture to take on some kind of voluntary role that we might not previously have considered, or initiate a local community project a global one even! We might think it makes more sense to stick to what we know, but if Peter hadn't have obeyed the call to walk on water he might never have had the great opportunity to experience God's life changing support. So too if we spend our lives splashing around in the shallows, we are in danger of missing the opportunity to truly recognise God and so deepen our faith.

It's said that the safest place to be is not in the boat at all; the safest place is out on life's seas, because that's where Jesus is!

**PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come.
Through Christ our Lord. Amen**

Useful links: Diocesan Safeguarding Information: <https://www.rcdea.org.uk/safeguarding/>
Diocesan Website: <http://www.rcdea.org.uk>
School, Norwich: Website <http://www.ndhs.org.uk>
Daily liturgy website: www.universalis.com

PARISH OF THE SACRED HEART AND ST MARGARET MARY [Reg. Charity 278742]

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Parish Safeguarding Representative: Kathleen Edmunds –

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13TH AUGUST 2017 – 19TH SUNDAY IN ORDINARY TIME

Sunday Masses – Page 114 of Parish Mass Book

Saturday	6.00 pm	Int. Ann Glandfield
Sunday	9.00 am	Int. People of the Parish
	11.00 am	Int. Sidney Gledhill (Meehan)

Music for Sunday Masses - Setting: Dom Gregory Murray Mass

Entry 6pm – *Angelus (said)*; Hymn 934 – Dear Lord and Father of mankind ...

Offertory Hymn 955 – O God, our help in ages past ...

Communion *Instrumental Interlude/Sacred silence ...*

Recessional 11am – *Angelus (said)*; Hymn 963 – Eternal Father, strong to save ...

CONFESSION/RECONCILIATION: Saturday at 5.30pm, or on request / by appointment

Weekday Mass Times	(19 th week in Ordinary Time)	[Psalter Week 3]
Mon.	10.00 am	St Maximilian Mary Kolbe – Int. Pat Howe (Perkins)
Tues.	10 am & 7.30 pm	ASSUMPTION OF BVM, SOLEMNITY – Int. Hilda Pritchard Int. People of the Parish
Weds.	No Mass today	Feria
Thurs.	10.00 am	Feria – Int. Holy Souls (Sillince)
Fri.	10.00 am	Feria – Int. Sidney Gledhill (Stebbing)
Sat.	No morning Mass 6.00 pm	Feria 20 TH SUNDAY IN ORDINARY TIME – Donor's Int.

The Parish Newsletter is available to view on *Notre Dame High* the parish website from Friday onward each week

Anniversaries this week: Roland Leslie Hutchinson, Gavin Wiggins Gemmell, Patricia Ann O'Connor and William Barton. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King's Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John's Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick List - Please pray for: Joan Blakiston, David Peek, Robert Nicol, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, Michelle Smith, Rita Smith, Eileen Brockleby, Kathleen (Jenny) Rudd, Ellen Flood, Margaret Leggett, Peter Brown, James Maxwell, Robert Anderson, Carole Whitesides and Stuart Bell.

Money Matters – The collection for the maintenance of the parish last weekend was £480.90 and Standing Orders received in July amounted to £472. Thank you very much for your continued generosity. **Retiring Collection today** for Catholic Communications Network.

130 Club July Draw – 1st Prize £20 – Chris Sayer; 2nd Prize £15 – Marion Campbell; 3rd Prize £10 – Maria Cox; 4th Prize £10 – Karen Luke; 5th Prize £10 – Chris Sayer.

Diary Dates for this week –	
Mon. 14 Aug.	AA Group meeting – 7.30pm in Emmaus Room
Tues. 15 Aug	Please note there is no Queen of Peace Prayer Group meeting this week due to the evening Mass.
Wed. 16 Aug.	UCM Garden Party – Meeting starts at 2pm, followed by tea at 3pm, hosted by Anne Sibley at her home, and also celebrating Cate Todd's 90 th birthday.
Sat. 19 Aug.	Saturday Club is on holiday. <i>NB. There is no morning Mass.</i>

Changes to Mass Times - The Assumption of The Blessed Virgin Mary is celebrated on Tuesday next (15th August) and it is a Holy Day of Obligation. Please note the times of Mass. There will not be a Mass on Wednesday.

Welcome to all our visitors during Summer months. It is always lovely to see and hear from our visitors during the Summer. You are very welcome here at Sacred Heart and I hope that you have a truly enjoyable time in Mid Norfolk. So much to see and enjoy!

First Holy Communion 2018 - Application forms are now available from Fr Brendan or Robbie Meehan for the First Holy Communion classes starting in September 2017 on Saturday mornings 11-11.30am following 10.30am Mass. Children must be in year 3 or above, and be at least 8 years old in July 2018. Please return forms as soon as possible.

Assumption of the Blessed Virgin Mary, 15th August - How would Mary behave if she were suddenly amongst us today? Almost certainly she would be leading the way, making Jesus' vision of a world free of poverty and abuse a reality. Almost certainly she would be showing us how to live faithful and fulfilled lives. Mary is the model of trust and fidelity. Saying 'yes' to God is important, but in some ways it's not the hardest part. Making discipleship real day in and day out as Mary did is the really hard part, and our challenge for today.



St. Maximilian Mary Kolbe, 14th August - *"No one has greater love than this, to lay down one's life for one's friends" John 15:13.* In 1941, Maximilian Kolbe was arrested by the German Gestapo and was eventually transferred to the prison at Auschwitz, where he carried on ministering to his fellow prisoners in secret. In order to discourage attempts to escape, the prison had a rule that for every escapee, ten other men would be put to death. In July of 1941, a man from Kolbe's bunker disappeared. Ten men were chosen to be starved to death. One of those chosen, Franciszek Gajowniczek, was especially upset because he had a wife and family, and he had hoped to return to them someday. Father Kolbe volunteered to take his place. His offer was accepted. Maximilian Kolbe is honoured as the patron saint of drug addicts, political prisoners, families, journalists, prisoners, and the pro-life movement. Pope John Paul II called him "The patron saint of our difficult century."

Bite Size
 "You block your dream when you allow your fear to grow bigger than your faith."
 ~ Mary Manin Morrissey

The Angelus

V. The Angel of the Lord declared unto Mary. **R. And she conceived of the Holy Spirit.**
Hail Mary ...

V. Behold the handmaid of the Lord. **R. Be it done unto me according to thy word.**
Hail Mary ...

V. And the Word was made Flesh. **R. And dwelt among us. Hail Mary ...**

V. Pray for us, O holy Mother of God. **R. That we may be made worthy of the promises of Christ.**

LET US PRAY: **Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel may, by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ, Our Lord. Amen**