

GOSPEL REFLECTION FOR THE 15TH SUNDAY IN ORDINARY TIME



Three Point Plan

Travel light so as not to get distracted. Work hardest where your work is appreciated, but don't waste time where your work isn't producing any results. It's not just great advice for evangelising; it's great advice for living your life. In today's gospel Jesus is giving his disciples a three point strategy for spreading his teaching.

First Jesus promotes single mindedness. The disciples must travel light unhampered by any distractions. How many advertising campaigns fail because the heart of the message is cluttered and confused? How many Christians come out of church on a Sunday remembering only that they need to contribute to the church steeple restoration fund rather than remembering the central gospel lesson

The second part of Jesus' plan was to choose the best audience. We are all familiar with the street preacher who stands in the middle of the city precinct whilst tides of shoppers give him a wide birth. For all his good intentions, this person has not chosen an audience who are in any mood to stop and listen. Jesus advises not to stay where we are not wanted nor try to teach those who refuse to listen. Choosing the best audience and setting are all important.

Thirdly, make the message clear and compelling. Jesus tells the disciples to teach a message of repentance and to cure the sick. In other words, we are to instigate a change for the better in the lives of others. It's a powerful message. Who doesn't want to change for the better? Who wouldn't listen if they were promised a better life?

So did Jesus' strategy work? That Christianity is so strong two thousand years down the line is a great testimony to Jesus and the work of those early disciples

**PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come.
Through Christ our Lord. Amen**

PARISH OF THE SACRED HEART AND ST MARGARET MARY

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*Diocesan Website: <http://www.catholiceastanglia.org>
Notre Dame High School, Norwich Website: <http://www.ndhs.org.uk>*

12TH JULY 2015 – 15TH SUNDAY IN ORDINARY TIME [SEA SUNDAY]

Weekend Masses – Page 106 of Parish Mass Book

Saturday	6.00 pm	
Sunday	9.00 am	People of the Parish
	11.00 am	First Holy Communicants

Music for Sunday Masses –

Setting: *Dom Gregory Murray Mass*

Processional 6pm – *Angelus (said)*; Hymn 960 Guide Me, O thou great Redeemer

Offertory Hymn 965 As the deer pants for the water

Recessional 11am – *Angelus (said)*; Hymn 898 Make me a channel of your peace

CONFESSION/RECONCILIATION - Saturday at 5.30 - 5.55 pm

Mass Times for the Coming Week (15th week in Ordinary Time) [Psalter Week 3]

Mon.	10.00 am	Mary Risbey - Feria
Tues.	No Mass today	- Feria
	7.30 pm	Queen of Peace Prayer Group – in Emmaus Room
Weds.	No Mass Today	- St Bonaventure
Thurs.	10.00 am	Colin Cummings - Feria
Fri.	10.00 am	Rupert Hipper - Feria
Sat.	10.30 am	- Feria
	6.00 pm	- 16 th Sunday in Ordinary Time

The Parish Newsletter is available to view on the parish website [<http://www.sacredheartdereham.org.uk>] from Friday onward each week; back copies can also be viewed on the website.

Anniversaries this week: Kay Vincent, Dennis Crossland Mallam and Anne Tinney. *May their souls and the souls of all the faithful departed rest in peace.*

Money Matters (*O yes, it does!*) – The collection last weekend was £445.09 and in June, £537.00 was given by Standing Order. Thank you very much.

100 Club June Draw – Quarterly Prize £50: Tom Nally; 1st Prize £20: Eileen Harrington; 2nd Prize £15: Stephen Smith; 3rd Prize £10: Liam Dunne; 4th Prize £10: Mary Shutt; 5th Prize £10: Teresa Kendall.

Baptism – Last Sunday we welcomed Jan Gabriel Meyer in Christ's Church by Baptism.

Ministry to Priests takes place at Clare Priory this week, so there will not be a Mass on Wednesday. Ministry to Priests will not meet again until September.

The Friday AA meeting no longer takes place at Sacred Heart. The group decided that their numbers were too few and stopped meeting at the end of June.

Exposition of the Blessed Sacrament and Silent Prayer – Thank you to those who have spoken to me about this. I am still trying to find a suitable time. My thoughts are as follows: Each day that we have Mass we also have the Liturgy of the Hours beforehand. I am reluctant to add anything else at that time. We have no liturgical Prayer in the evenings or at midday. Now that the Friday AA Group no longer meets, it gives Friday midday to think about. Or how about Evening Prayer and Exposition? Just thoughts at the moment.

Sick List – Every parish I have been in has had a list of sick and housebound parishioners and it served two purposes, really: 1) to remind us to pray for the sick, and 2) not to forget people who are still around but who no longer get to Mass. People have their names on the list for as long or as short a time as needed. I would like to start this practice here. When we have the permission of the people who are at home or in care homes or in hospital, then we could put them in the bulletin at least once a month. With the sick and housebound there is a real danger of being 'out of sight and out of mind'. Let's try to avoid this. I ask the Lay Eucharistic Ministers to help me compose such a list.

On a similar note, I would be grateful if the Lay Eucharistic Ministers would keep me informed of the condition of the people they visit so that I can administer the Sacrament of the Sick when it is appropriate.

Today is Sea Sunday, when the Church prays for all those who live and work at sea. Without them we would not have most of the items we buy in the shops. Today's retiring collection is for Apostleship of the Sea (AoS), the Church's official maritime welfare agency. It supports seafarers both practically and spiritually. This annual collection is absolutely vital to enable it to continue its work, so please give generously and remember seafarers in your prayers. Thank you. For more information on the work of AoS please visit www.apostleshipofthesaea.org.uk



Bill to Legalise Assisted Suicide – On Friday, 11th September the House of Commons will debate and vote on a Bill to legalise assisted suicide. This will put the most vulnerable people in our society at risk. Please contact your MP, urging them to attend the debate and vote against the Bill.

Any emphasis that people can give of their own positive experiences of the care of the sick and dying will reinforce the case against the argument. All Catholics are being urged to express their concern about the dangerous impact of such a Bill. What is needed is more and better palliative care, not assistance with suicide.

Further information about the Bill, along with a facility for people to find and e-mail their MP, can be found on the Catholic Bishops' Conference website www.catholicnews.org.uk/assisted-suicide or, alternatively, send a letter by post, a draft of which can be found at the back of the Church.



Our Lady of Mount Carmel - 16th July

The Carmelites were known from early on as "Brothers of Our Lady of Mount Carmel." The title suggests that they saw Mary not only as "mother," but also as "sister." The word "sister" is a reminder that Mary is very close to us. She leads us to a new realization that all human beings belong to the family of God. **When such a conviction grows, there is hope that the human race can find its way to justice and peace.**

Hospital Visits – If you or family members are admitted to the Norfolk & Norwich Hospital and would like a visit from the Roman Catholic Chaplain, please call St John's Cathedral, Norwich (01603 624615). If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Bite Size

"The road leading to a goal does not separate you from the destination; it is essentially a part of it."
Charles DeLint