

GOSPEL REFLECTION FOR EASTER SUNDAY



Faith, Trust and Intuition

The story of the empty tomb should be the best part of the Bible, but instead there feels as though there's a great big chunk missing the bit where Jesus actually rises up from the dead. For many of us this presents no problem. Jesus said he would rise on the third day and that is exactly what happened. Everything happened just as Jesus said it would. But for some of us, the lack of detail leaves too many unanswered questions, and where there are unanswered questions there's room for doubt. One thing is for sure, we cannot start playing 'detective' with a mystery trail that has had two thousand

years to go cold, so what are we supposed to do?

First of all, we have to develop a toolbox of faith, trust, and intuition. Christians are accused of propping up impossible and improvable theories with blind faith. If this were true the accusers would have a point, but true faith runs deeper than this. We all use faith in every walk of life and we all need trust. People of faith are people who can push boundaries and take brave steps into the unknown. People of trust recognise possibilities in others and in themselves. People of intuition recognise integrity and truth. Anais Nin said: 'We don't see things as they are, we see things as we are.' What you believe sets a course for your future and directs your daily activities. Consequently, when you believe only what you can see, a whole world of possibility is lost.

Easter isn't just an event that happened two thousand years ago. Easter is on any day we discover our trust in God. Easter is on any day we find that we are able to live boldly and well in the belief that death is not just a meaningless end to life.

Bitesize – "To doubt your doubts". It takes some courage to do this. We need to look at our doubts straight in the eye and doubt them, not let them control our minds.'

~Dr. Harry Emerson.



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>
 Diocesan Website – <http://www.rcdea.org.uk>
 Notre Dame High School, Norwich – <http://www.ndhs.org.uk>
 Daily Liturgy Website – www.universalis.com

PARISH OF THE SACRED HEART AND ST. MARGARET MARY
 [Registered Charity 278742]

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Permanent Deacon: Rev. Martin Sanderson: Tel: 01362 822590

Email: martin.sanderson@rcdea.org.uk

Parish Music Leader: Michael King: Email: michaeljwking@gmail.com

Parish Safeguarding Representative: Kathleen Edmunds:

Email: kathleenedmunds@yahoo.com

12TH APRIL 2020 – EASTER SUNDAY – Year A

THE CHURCH REMAINS CLOSED AT THIS TIME

Mass Times for the coming week

Octave of Easter, Weekday Year II, Psalter Week 1

Although celebrated without a congregation, the times of Mass are as follows:

Easter Sunday, 12 th Apr	11:00 am	Easter Sunday with Octave
Monday, 13 th Apr	12:00 Noon	Easter Octave
Tuesday, 14 th Apr	12:00 Noon	Easter Octave
Wednesday, 15 th Apr	12:00 Noon	Easter Octave
Thursday, 16 th Apr	12:00 Noon	Easter Octave
Friday, 17 th Apr	12:00 Noon	Easter Octave
Saturday, 18 th Apr	12:00 Noon	Easter Octave
Sunday, 19 th Apr	11:00 am	2 nd Sunday of Easter

Happy Easter everyone! I am running out of appropriate words to describe the experience we are undergoing at the moment. It is an experience like no other. I offer Mass each day for the parish and say the extra prayers at the end of Mass. I pray for all those affected by this pandemic, for the lonely, the isolated, the anxious, bereaved, deceased, volunteers, all medical personnel. May the Lord be above you to protect you, before you to lead you, behind you to shield you and at your side to accompany you. Easter, our Passover, when God raised Jesus from the dead to a new life is the foundation of our faith. We have a well-founded hope that God is with us and through our faith in Jesus, risen from the dead, we already have a share in the divine life of God who is: Father, the Creator; Son, the Redeemer and Holy Spirit the life giver.

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Anniversaries this week: Cyril Byrne, Brigid Mary Murphy, Daniel Creamer, Colin Nicholson, Eileen Wells, Christina Duffield, Joan Mary McManus, Enid Whatmore, Bernard Reddington, Edwin Gatt, Margaret Warner, Frederick Hetherington and Tony Lannon. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick & Housebound [with GDPR Permissions] – Please pray for: Janet Yardley, Jenny Rudd, Carol Whitesides, Shirley Liebenhals, Frances Saville King, Una McWeeny, Derek Williams, Teresa Kendall, Greta Cummings.

Recently deceased: Please remember Eileen Brocklesby in your prayers. Her funeral, a graveside ceremony, takes place in Dereham on Friday.

Money Matters: The Diocesan Director of Finance with Bishop Alan has decided that the Easter Offering for parish clergy across the diocese should be deferred to a Sunday after the pandemic is over and normal celebration of Mass resumes. Meanwhile any offerings made on line or submitted already to the presbytery should be included in the total.

Diary Dates for this week – All parish group meetings are currently suspended due to the Coronavirus situation.

Cardinal Nichols on Radio and in National Newspapers - Cardinal Vincent Nichols will be celebrating a short Easter Sunday Service on BBC Radio 4 (FM 92 – 95 FM, 103-105 FM. LW 198 Long Wave) and BBC local radio stations at 8am, including Radio Norfolk, Radio Suffolk and Radio Cambridgeshire. He will be writing the Credo column in The Times on Easter Saturday and on Good Friday will have an opinion piece in the Daily Telegraph. His confirmed media engagements for Easter Sunday (in addition to the 8am service) are interviews on BBC Radio 2 (7.30am), BBC Radio London (9.30am) and BBC Radio 4 (The World This Weekend – 1pm).

Urbi et Orbi, BBC One 12th April at 11am - On this the eighth Easter of his pontificate, Pope Francis will deliver his Easter blessing to the city and the world with prayer and encouragement by video link from within the Vatican.

Catholic Radio Broadcasters: During the coronavirus lockdown, a number of Catholic radio stations are providing an opportunity for Catholics to build their faith and to stay in touch with the global Catholic community.

- ❖ The Irish station **Radio RTE**, which is based in Dublin, is broadcasting to the UK on long wave 252kHz. Every other Sunday they broadcast a Mass at **11am**. The next one will be on April 19, May 3 and fortnightly thereafter.
- ❖ The station **Heaven's Road fm** from Wonersh in Surrey broadcasts 24/7 prayers, reflections, features and music. Heaven's Road is run by volunteers who live all over the UK and as far away as Nigeria and Canada. Based at St John's seminary in Guildford, it makes programmes with a wide appeal, including such subjects as Father Brown stories, updates from Aid to the Church in Need, and teaching from the Redemptorist priest Fr Denis McBride. You can listen to Heaven's Road online at <http://www.heavensroadfm.com/>
- ❖ **Radio Maria England**, which is based in Cambridge, broadcasts on **DAB+** in Greater London and on DAB (Band 11C 220.352 MHz) in Cambridgeshire and the surrounding areas. You can also listen to it from across East Anglia online at <https://radiomariaengland.uk> Broadcasts include Masses, the Rosary, the Stations of the Cross, and morning and evening prayer.
- ❖ **EWTN**, which has a base in Walsingham, Norfolk, produces a wide range of radio programmes and can be reached on <https://www.ewtn.com/radio>

Live Streamed Masses - The Catholic Universe has made a list of live streamed Masses for you to access. This is a list they will be constantly updating and you can access it at www.thecatholicuniverse.com/live-streams-catholic-masses-online-in-the-uk-and-ireland-list-50726

Finding things to do. I am sure that during the lockdown we are all attending to things that may have been left undone. I have decided that the church silver needs a polish and it is now getting it. It will be gleaming by the time we all get together again.

Foodbank – The need for donations to the Foodbank is as great as ever and parishioners can still make donations to the Foodbank. Some of the larger supermarkets are providing a donation point in-store, or for those self-isolating but who would still like to make a donation, please telephone Terri Sanderson to arrange for your donation to be collected from your doorstep (Terri will collect on a Sunday). Contact Terri on 01362 822590.

St Bernadette Soubirous, 16th April: Placing your petition at the Grotto of Lourdes - Did you know that although you will not be making an Easter pilgrimage to Lourdes this year you can still place a petition at the Grotto thanks to the internet. You can make an online petition by visiting www.lourdes-france.org and following the 'your petition' link.

*"O my mother, in your heart I placed all my anguish of my heart and it is there that I gain strength and courage."
Saint Bernadette*

