

GOSPEL REFLECTION FOR THE SIXTH SUNDAY IN ORDINARY TIME



The Heart of the Matter

How often do we hear solicitors wrangling over the law, looking for a loop hole to suit their own agenda? Those seeking loopholes seem perfectly happy to ignore the spirit of the law in their quest to win.

In today's gospel reading Jesus invites us to consider that it is not just laws in themselves that are important but our attitude towards those laws. Perhaps we haven't committed murder, but have we harboured hatred? We might not have committed adultery, but have we failed to live up to the love we once promised our spouse? We might not have committed theft, but are our hearts set on the wealth our neighbours have earned? Laws might seem to fence our lives with rods of uncompromising iron, but most laws are simply expressions of how we should behave towards each other. The unwritten laws of love bind us in promises that we wouldn't dream of compromising let alone riddling with loopholes. When it comes to those we love, we don't need a statute book, our hearts tell us what to do. The written law should be no different. Laws are written down in books of statute and commandments are written in the Bible, but the spirit of the law must exist in our hearts.

What exists in our hearts is as important if not more important than our actions because it's what written in our hearts that defines us.

Bitesize

"The heart never becomes wrinkled." ~ Marie de Rabutin-Chantal

PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come.
Through Christ our Lord. Amen

Useful links: Diocesan Website: <http://www.rcdea.org.uk>
Notre Dame High School, Norwich: Website <http://www.ndhs.org.uk>

PARISH OF THE SACRED HEART AND ST MARGARET MARY [Reg. Charity 278742]

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12TH FEBRUARY 2017 – 6TH SUNDAY IN ORDINARY TIME

Sunday Masses – Page 136 of Parish Mass Book

Saturday	6.00 pm	Donor's Int.
Sunday	9.00 am	Int. People of the Parish
	11.00 am	Int. Stephen Williams

Music for Sunday Masses - *Setting: Belmont Mass*

Entry 6pm – *Angelus (said)*; Hymn 908 – Blest are the pure in heart ...

Offertory Hymn 302 – Breathe on me, Breath of God ...

Communion *Instrumental Interlude/Sacred silence ...*

Recessional 11am – *Angelus (said)*; Hymn 942 – Lord, for the years your love has kept and guided ...

CONFESSION/RECONCILIATION: Saturday at 5.30pm, or on request / by appointment

Weekday Mass Times (6th week of the year) [Psalter Week 2]

Mon.	10.00 am	Feria – Int. Nell Bradley (*Fdn.)
Tues.	No Mass today	SS Cyril & Methodius, Patrons of Europe
	7.30 pm	Queen of Peace Prayer Group – in Emmaus Room
Weds.	10.00 am	Feria – Int. Becky Cummings
Thurs.	10.00 am	Feria – Int. Joan Bedwell
Fri.	10.00 am	Feria – Int. David Peek
Sat.	No morning Mass	Feria
	6.00 pm	7 th Sunday in Ordinary Time – Donor's Int.

*Fdn. = Foundation Mass

The Parish Newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

Anniversaries this week: Stella Daisy Hercock, Millie Boyer, Muriel Hope Drury, Joseph McHendrie, Nell Bradley, Antero Ribeiro, Alice Wyand, Michael Triggs, Joan Bedwell and Robert McCarthy. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits – If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital (QEII), King's Lynn, and would like a visit from the Roman Catholic Chaplain, please call either St John's Cathedral, Norwich (01603 624615) for visits to NNUH, or Fr Peter Rollings (01553 772220) for visits to QEII. If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

Sick List - Please pray for: Joan Blakiston, David Peek, Robert Nicol, Shirley Liebenhals, Sarah Chaudri, Anne & Derek Williams, Michelle Smith, Rita Smith, Eileen Brockleby, Pat Howe, Kathleen (Jenny) Rudd, Ellen Flood, Margaret Leggett, Peter Brown, James Maxwell, Pamela & Catherine Evans and Robert Anderson.

Money Matters – The collection for the maintenance of the parish last week was £383.76. In January, £592.00 was given for the parish by Direct Debit. Thank you very much for your continuous generosity.

Diary Dates for this week –

- Mon. 13th Feb. – AA group meets – 7.30pm – 9.00pm in Emmaus Room.
- Sat. 18th Feb. – Saturday Club is on half term holiday. Restarts 25th February.

Rotas - I have marked off a section of the notice board by the sacristy door for the rotas. They all fit in the one space: Readers, Lay Eucharistic Ministers, Cleaners and Flower Arrangers. There is a nice clear, laminated sign above them. There is no need to go into the sacristy to check who is reading etc. any more.

Holiday - Having had my Holy Days on retreat, it is now time for a holiday. I will be away for a week from Feb. 23rd to Mar. 2nd. The Annual Mission Appeal for St. Patrick's Missionary Society will take place on the weekend that I am away. Ash Wednesday, March 1st: Fr. Steven Blair has kindly agreed to celebrate Mass on Ash Wednesday at 10.00 am and Deacon Martin will lead an Ash Wednesday Service at 7.30 pm. I am very grateful to Fr. Steven and Deacon Martin for taking this on for me. Don't forget that Ash Wednesday is a day of Fast and Abstinence from eating meat. Good Friday is the only other day of Fast and Abstinence in the year.

The Emmaus Room - It would be a great help if all groups who wish to hold meetings in the Emmaus Room would give their dates for meetings in advance to Elaine for inclusion in the Newsletter whether the meetings take place in the afternoons or evenings. It will help avoid double booking the room.

Queen of Peace Prayer Group – This group meets every Tuesday evening for the Rosary and Prayer at 7.30pm in the Emmaus Room. New members would be warmly welcomed to join this friendly group.

A Retreat with a Difference - A Foyer de Charité Retreat will be held at the new Retreat Centre in Walsingham, from Sunday 30 April (6pm) – Saturday 6 May (2pm). The theme is **God's Plan for the Fullness of Time**, and the preacher will be Mgr. Keith Barltrop, with help from Foyer members and past retreatants. Foyer retreats are held mainly in silence, with three talks a day, and offer a holistic way of deepening our faith in the Church's teaching and our life in Christ. The Foyers are communities of consecrated lay people living with a priest in order to help others grow closer to Christ and live the Catholic faith more fully. For further information or to book a place, contact Mgr. Barltrop: keithbarltrop@rcdow.org.uk; 07879 953953; St. Mary of the Angels, Moorhouse Road, Bayswater, London W2 5DJ

Red Missionary Boxes – A reminder to bring in your red missionary boxes for counting if you have not already done so. Thank you.

Racial Justice Sunday, 12th February: 'Justice For All' - Racism is expressed in destructive patterns of relating, for example: Hardening the boundaries between groups, overlooking others, belittling, dehumanising or demonising others, justifying or collaborating in the domination of others, physically or verbally intimidating or attacking others. Justice takes time.... but take heart that change does happen where there's a will... we simply need to understand what racism is and spread the will to challenge it.

Diocesan Accountant - A new permanent full time appointment as Diocesan Accountant based at the Diocesan Finance Office in Poringland will become available from 1st May 2017. Application Forms can be obtained by contacting the Finance Office (01508 492540) or by e-mail to finance@rcdea.org.uk. Closing date for applications 28th February 2017.

Come to Flame - March 11th - *Flame* is the National Catholic Youth event at Wembley Arena aimed at those in Year 10 and above. 10,000 young people will gather to receive faith-filled inspiration from world class speakers interspersed with music from Grammy award winner Matt Redman, and times of prayer. The Diocese is taking a group, offering subsidised tickets and arranging transport. Please see www.rcdea.org.uk/youth for more details.

The Angelus

V. The Angel of the Lord declared unto Mary. **R. And she conceived of the Holy Spirit. Hail Mary**
V. Behold the handmaid of the Lord. **R. Be it done unto me according to thy word. Hail Mary.**
V. And the Word was made Flesh. **R. And dwelt among us. Hail Mary.**
V. Pray for us, O holy Mother of God. **R. That we may be made worthy of the promises of Christ.**
LET US PRAY: **Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel may, by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ, Our Lord. Amen**