

GOSPEL REFLECTION FOR THE 6TH SUNDAY OF EASTER



Love's Guarantee

Do you jump out of bed in the morning with feelings of purpose and joy, or do you drag yourself out of bed with feelings of boredom or even dread.

Today Jesus is giving us a recipe for joy. If we determine to love our neighbours, our lives will inevitably be filled with huge purpose and great happiness. That's a guarantee! This is another guarantee. If we all knew how to love, the world would be a happier place, and as a happier place it would also be a more peaceful and a safer place in which to live.

We probably think we already know what love is, but today's challenge is to think of how many ways in which we can love. We are encouraged to think of love in practical terms. Perhaps we could start with our families, letting them know how much we appreciate them and how proud we are of them. Do we need to think of people we haven't forgiven, or wrongs that we haven't put right? Perhaps there are people we have given up on instead of seeking to understand. Do we tend to put ourselves first on a regular basis? Are there people we have overlooked or ignored? Are we lazy about educating ourselves as to the way other people live and the problems they face? Do we remember to love the strangers that we meet every day, offering them respect and a helping hand? Do we share love in the workplace, remembering not to gossip and to pull our weight? Do we remember to share our time, our money, our skills and our talents? Most importantly do we ever stop and imagine what it would be like to walk in someone else's shoes.

The gospel's promise is that if we start each day determining to spread God's love, we will start to feel more complete. We will be filled with a joy for life. That's a guarantee!

PARISH PRAYER - Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word, and a new consecration to your service; that your love might grow among us and your Kingdom come. Through Christ our Lord. Amen

PARISH OF THE SACRED HEART AND ST MARGARET MARY

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10 MAY 2015 – 6TH SUNDAY OF EASTER

Weekend Masses – Page 266 of Parish Mass Book

Saturday	6.00 pm	Holy Souls	<i>(Regina Coeli)</i>
Sunday	9.00 am	Holy Souls	
	11.00 am	People of the Parish	<i>(Regina Coeli)</i>

Confession/Reconciliation - Saturday at 5.30 - 5.55 pm

Weekday Services

[Morning Prayer – Psalter Week 2]

Mon.	10.00 am	Easter Feria
Tues.	No Mass Today	Easter Feria
	7.30 pm	Queen of Peace Prayer Group – in Emmaus Room
Weds.	10.00 am	Easter Feria
Thurs.	10.00 am	St. Matthias
Fri.	10.00 am	Easter Feria
Sat.	10.30 am	Easter Feria
	6.00 pm	Ascension of the Lord (World Communications Day)

Anniversaries this week: Frederick Dance, Eric Atkinson Brown, Margaret Kingsbury, Paul Theocleous, and Henry Westcott. *May their souls and the souls of all the faithful departed rest in peace.*

Money Matters (*O yes, it does!*) – The collection for the parish last weekend was £471.86. Further donations for the Priests' Training Fund came to £35 (Gift Aided). Your astonishingly generous response to CAFOD's Appeal for Nepal came to £1108.95p. This has been sent to CAFOD. Thank you so much for your generosity. It will make a huge difference in helping people who have lost so much. Thank you all very much. **Next Sunday** is World Communications Day and there will be a retiring collection for the Catholic Communication Network (please see the cards at the back of the church).

Hospital Visits – If you or family members are admitted to the Norfolk & Norwich Hospital and would like a visit from the Roman Catholic Chaplain, please call St John's Cathedral, Norwich (01603 624615). If you would like to receive the Sacrament of Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

SVP Recruitment – There will be a short DVD showing the work of the St Vincent de Paul Society on Wednesday, 27th May at 7.30pm, in the Emmaus room. Anyone who would like to learn more about the SVP, with a view to possibly becoming a member of the present team/Conference, are most welcome to attend. Current members will be present to answer any questions, and the presentation will last no longer than 45 minutes.

UCM May Meeting - Date change – This month's meeting will be on Wednesday 20th May at 2pm in the Emmaus room. Our speaker will be Anne Sibley, who will be talking to us about "Auditing the Norfolk and Norwich University Hospital." Visitors and those wishing to know more about the work of the UCM are warmly welcomed.

UCM Cake Stall - 16/17th May – All donations welcome and can be given before any of the Masses. Mary Shutt will be in the church on Saturday 16th at 4.45 pm to set up the stall and receive any donations.



Christian Aid Week - 11th-16th May - Share it on *Facebook*, look out for the collecting buckets, or donate online. It's the annual Christian Aid Week. Visit the site for fundraising ideas, film clips, and children's activity sheets. By contributing your time, money and ideas you help Christian Aid in its emergency work and emergency prevention. www.christianaid.org.uk

Walk to Work Week - 11th-15th May - Jumping into the car or onto a bus can be little more than a habit. More often or not, walking is just as easy an option. The benefits are obvious. Feel healthier and burn some calories, blow away the cobwebs and relieve your stress levels, save money, and most importantly, cut your environmental footprint. Remember to involve the whole family; next week is 'Walk to School Week'.



Our Lady of Fatima - 13th May - The general message of Fatima is not complicated. Its requests are for prayer, reparation, repentance, and sacrifice, and the abandonment of sin. Mary is perfectly honoured when people generously imitate her response "Let it be done to me as you say". (Luke 1:38)

International Day of Families - 15th May - It's within our families that we first learn the values that stick with us for the rest of our lives. The problem is that nowadays, we are so busy, that we hardly get time to talk to our children. Half the time we don't even sit down to eat together. A typical family meal time might see children eating with one eye still on the iPad and one or both parents working late. Children aren't going to adopt strong values by magic! Today is an invitation to work out how much more time we should spend with our children and how we are going to achieve it.

Bite Size – "To love as Christ loves is to let our love be a practical thing and not a sentimental thing."
Sir Charles Villiers Stanford

In Eastertide, we recite REGINA COELI in place of ANGELUS :

Queen of heaven, rejoice. Alleluia.
For he whom you did merit to bear, Alleluia.
Has risen as he said. Alleluia.
Pray for us to God, Alleluia.
Rejoice and be glad, O Virgin Mary. Alleluia.
For the Lord has truly risen. Alleluia.
Let us pray: O God, who gave joy to the world through the resurrection of your Son, our Lord Jesus Christ, grant we beseech you, that through the intercession of the Virgin Mary, his mother, we may obtain the joys of everlasting life, through the same Christ our Lord. Amen.