

PARISH OF THE SACRED HEART
AND ST.MARGARET MARY, EAST DEREHAM, NORFOLK

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MARCH 10th 2013 : FOURTH SUNDAY OF LENT

Sunday Masses

Saturday 6.0pm Int. For the People
Sunday 9.0am Int.
11.0am Int. For the right choice of
a new Pope.

Weekday Masses

Monday LENT FERIA
10.0am Int. +Sidney Carter
Tuesday LENT FERIA
10.0am Int.
Wednesday LENT FERIA
**1.30pm FUNERAL MASS FOR JOHN
EDWARDS RIP**
Thursday LENT FERIA
No services today
Friday LENT FERIA
10.0am Int.
Saturday LENT FERIA
10.30am Int.
6.0pm Int. For the People

Sacrament of Reconciliation

Saturday Noon and 5.30pm, or by appointment.

**Exposition and Adoration of the Blessed
Sacrament**

Tuesday 10.30am; Benediction at 11.0am.

The Rosary Friday 10.30am

The Divine Office

The Office is said a quarter of an hour before the
Mass on Weekdays. This week we use Psalter
Week 4

The Mass today The readings can be found on
p.169 of the Parish Mass Book, and on p.222 of
The Sunday Missal.

At the 6.0pm Mass	Eucharistic Prayer 3
<i>Sanctus & Benedictus</i>	Schubert
Hymns	(<i>Angelus</i>) 934, 798
At the 9.0am Mass	Eucharistic Prayer 1
<i>Sanctus & Benedictus</i>	Schubert
Hymns	602, 788, 860
At the 11.0am Mass	Eucharistic Prayer 2
<i>Kyries</i>	497
<i>Sanctus & Benedictus</i>	Schubert
Hymns	704, 803, 627, (<i>Angelus</i>) 862

The Psalm Response for all of the Masses is
printed at the bottom of the page.

*This Sunday the quarter-hour Exposition of the
Blessed Sacrament before Mass will precede the
6.0pm Mass. Next Sunday, it will take place before
the 9.0am Mass.*

*Today is Mothering Sunday : posies will be
blessed and distributed to the children to give to
their Mothers at the end of the 11.0am Mass.*

THE FOURTH WEEK OF LENT

TODAY, SUNDAY
STATIONS OF THE CROSS
at 5.0pm, followed by
VESPERS AND BENEDICTION

TUESDAY
LENT GROUP ON
LUMEN GENTIUM
at 7.30pm in the Narthex, followed by
COMPLINE
FRIDAY
LENT LUNCH FOR CAFOD
12.30pm-2.0pm at the Presbytery

ALSO THIS WEEK

Monday 7.30pm Queen of Peace Prayer Group at the Presbytery. All welcome.

Tuesday 7.30pm Lent Group, Narthex

Wednesday 1.30pm Funeral Mass for Mr. John Edwards RIP. No Mass in the morning.

Friday 12.30pm Lent Lunch for CAFOD.

Saturday 10.30am-11.30am Saturday Club, for young people aged five to twelve.

PARISH NOTICEBOARD

Anniversaries Catherine Hare (1995), Charles Christie (1995), Pauline Fenton (2005), Winifred Wake (1997), Betty Lynch (2002), Deane Andrews (2007), Peggy Free (2012), and Maurice de Chenu (1999) . May they Rest in Peace.

Money Matters Last Sunday £471.59 was given at the Offertory. The Lent Lunch last Friday raised a further £52.00 for CAFOD. The delicious Watercress and Leek soups were made by Nicole Langhan.

Justice and Peace Group ‘The group would like to thank parishioners for their continued support over the past year in our work for the Sisters of Notre Dame mission in Kulende/Llorin in Nigeria. The sisters are extremely grateful, particularly in these difficult financial times.

The SND mission in Kulende is 50 years old this year. From a humble beginning of three British sisters in 1963, the mission is now staffed solely by Nigerian sisters, who have expanded their work into eleven dioceses – quite an achievement.

The money you have given over the years by your support of our functions and by your donations has gone to subsidise the education of poor children living in the low cost housing estate of Kulende, where poverty is still rife.

It is very interesting to note that one of the Cardinals attending the Papal Conclave – John Onalyekan – was the Bishop in Kulende who donated the land to SND to build the original school and novitiate.’

ST.FELIX

Last Friday we celebrated the Feast of St.Felix, first Bishop of East Anglia. It led us to redouble our prayers that there will soon be another bishop of East Anglia.

St.Felix lived in the seventh century ; he was a French bishop, who was sent by Honorius, Archbishop of Canterbury, to evangelise this part of the kingdom. He established the centre of his see at Dunwich, and exercised his episcopal ministry for seventeen years. He founded a monastery at Soham, and dying there, his relics were translated to the great Cambridgeshire abbey of Ramsey. As first bishop of East Anglia, he is honoured as secondary patron of our diocese.

Many centuries ago, St.Felix’ see city of Dunwich, along with his cathedral church, was submerged beneath the angry waves of the North Sea. Whilst in the sixteenth century, his burial place, Ramsey Abbey, was despoiled at the suppression of the monasteries, and his relics too were lost. There is nothing ‘physical’ left of St.Felix. But of course the Christian message which he brought to East Anglia – together with his contemporary St.Fursey, the Irish monk who lived at Burgh Castle – remains. And that, he would say, is the thing that really matters.

Maybe this holy season of Lent is a time for reminding ourselves what things have enduring value – what things are lasting. So many things that we strive for are very far from being permanent, and indeed are found incapable of bringing real and lasting satisfaction. In Lent, we are seeking to deepen our relationship with Our Lord Jesus Christ. We are seeking to ‘see him more clearly, follow him more nearly, and love him more dearly, day by day.’ This personal relationship with our living and loving Lord cannot be washed away by the waves, nor be pulled down by the despoilers of religion. Our strivings during Lent, our prayer, fasting, and almsgiving, are not being wasted. Rather they are establishing & deepening what has eternal value. And so, assisted by the prayers of St.Felix and St.Fursey, we travel on towards the Easter festival.