

## GOSPEL REFLECTION FOR PENTECOST



**Unlocking Your Talent** - The disciples have locked themselves in an upper room for fear of the Jews. We know exactly where they're at. We too are good at making prisons for ourselves. We make prisons where feelings of inadequacy, apathy, guilt, pride or confusion rule our lives. We lock ourselves into debilitating patterns of behaviour where fear and other self-defeating traits become habit.

The disciples are behaving very much how we behave when we are facing difficulties. Then everything changes. Jesus comes amongst them and breathes the Holy Spirit into them. Suddenly a group of frightened and inactive disciples begin to do amazing things. Suddenly they can reach out around the world regardless of language culture or race.

This isn't just a story about something that happened a long time ago, it's a promise. We each have a component that fits into God's greater picture. We each have a talent that lends itself to God's purpose. Unlocking that talent is a daily challenge. How do we use our skills to best advantage? How do we knock down the barriers that prevent us reaching our true potential? Where do we look for direction, focus and discernment? How do we find courage, faith, energy and foresight? The answer to all these questions is the 'Holy Spirit'. The same Holy Spirit that enables the early disciples liberates and empowers us. The Holy Spirit is God's presence in our lives whenever we ask.

### REGINA CÆLI:

Queen of heaven, rejoice, Alleluia.  
For he, whom you did merit to bear, Alleluia.  
Has risen as he said, Alleluia.  
Pray for us to God, Alleluia.  
Rejoice and be glad, O Virgin Mary, Alleluia.  
For the Lord has truly risen, Alleluia.

**Let us pray:** O God, who gave joy to the world through the resurrection of your Son, our Lord Jesus Christ, grant we beseech you, that through the intercession of the Virgin Mary, his mother, we may obtain the joys of everlasting life, through the same Christ our Lord. Amen.



**PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.**

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>  
Diocesan Website – <http://www.rcdea.org.uk>  
Notre Dame High School, Norwich – <http://www.ndhs.org.uk>  
Daily Liturgy Website – [www.universalis.com](http://www.universalis.com)

## PARISH OF THE SACRED HEART AND ST. MARGARET MARY [Registered Charity 278742]

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### 9<sup>TH</sup> JUNE 2019 – PENTECOST SUNDAY– Year C

[10<sup>th</sup> Week of the Year, Weekday Year I, Psalter Week 2]

Mass Times for the Week			Intentions
Sat. 8 <sup>th</sup> June	6.00 pm	PENTECOST SUNDAY [Parish Mass Book p294]	Ken Summerford (Sanderson)
Sun. 9 <sup>th</sup> June	9.00 am 11.00 am		Bob Shutt The People of the Parish
Mon. 10 <sup>th</sup> June	10.00 am	Mary, Mother of the Church	Sarah Chaudhri (Pitcher)
Tues. 11 <sup>th</sup> June	-	St. Barnabas	<b>No Mass today–PP's day off</b>
Weds. 12 <sup>th</sup> June	10.00 am	Feria	36 <sup>th</sup> Anniversary of my Ordination
Thurs. 13 <sup>th</sup> June	-	Our Lord Jesus Christ, Eternal High Priest	<b>No Mass today</b>
Fri. 14 <sup>th</sup> June	<b>1.00 pm</b>	<b>Requiem Mass for Sarah Chaudhri</b>	
Sat. 15 <sup>th</sup> June	10.30 am	Feria	Private Int.
Sat. 15 <sup>th</sup> June	6.00 pm	TRINITY SUNDAY (Day for Life)	Tony Harmer
Sun. 16 <sup>th</sup> June	9.00 am 11.00 am		Mary & Gerald Reeder The People of the Parish

### Music for Pentecost – Setting: New People's Mass (incl. Memorial Acclam. B)

**Entry:** 6pm – Regina Cœli (said); Hymn 303 – Come down, O love divine ...

**Psalm:** [11am sung] *R.*: Send forth your Spirit, Lord, and renew the face of the earth.

**Offertory:** Hymn 296 – Come, Holy Spirit, Creator, come ...

**Recessional:** 11am – Regina Cœli (said); Hymn 302 – Breathe on me, Breath of God ...

### Confession/Reconciliation: Saturday at 5.30pm, or by request/appointment

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

**Anniversaries this week:** Josephine Reeves, Dee Turner, Barry Williams, Francis McCarthy, Arthur & Marguerite Dunkley, Vincent Stewart and Maria Gay. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits:** If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

**Sick & Housebound** [with GDPR Permissions] – **Please pray for:** David Peek, Janet Yardley, Jenny Rudd, Rita Smith, Carol Whitesides, Robert Nicol, Eileen Brocklesby, Neville Hibberd, and Shirley Liebenhals.

**Money Matters:** Thank you for your offering to the parish of £468.89 for our running costs. Thank you also for £123.32 for the retiring collection which was for the Catholic Communications Network. **Next Sunday is Day for Life** and there will be a retiring collection for the work of Life Charities after all Masses next weekend.

As a matter of interest, the number of Retiring Collections has now been greatly reduced in the Mandatory Collections. In the 'Ordo' there are an increased number of optional collections. I usually exercise the option of not taking a retiring collection on those Sundays.

Diary Dates for this week -		
Tues. 11 <sup>th</sup> June	7.30pm	Queen of Peace Prayer Group - Emmaus Room
Weds. 12 <sup>th</sup> June	11.00am	UCM meets – Emmaus Room. <b>At 11.30am</b> there will be a guest speaker from Dereham Meeting Point to talk about the new interactive table to help people with dementia, to which all parishioners are invited.
Weds. 12 <sup>th</sup> June	6.30pm	Music selection & practice – Presbytery & Church. All volunteers welcome to sing or play.
Weds. 12 <sup>th</sup> June	7.30pm	Parish Finance Committee meets - Presbytery
Sat. 15 <sup>th</sup> June	11.00am	Saturday Club - Emmaus Room

**Mass Times** – Please note the change in Mass times this week. On Thursday I will be with the priests of the diocese as we gather at Poringland to celebrate our anniversaries of ordination. We have Mass together and lunch. If it were all added up, I wonder how many years it would total from among all of us?

**Easter Communion** – Next Sunday, Trinity Sunday, is the last day for Easter Communions.

**Confirmation 2020** - I have booked Bishop Alan for Confirmation in July next year. The programme of preparation will start in September 2019 for those who are interested.

Candidates, please speak to Fr. Brendan if you are interested or curious about what it means to be a Confirmed Christian.

#### Happy Birthday Church! - Some Pentecost facts:

- The word "Pentecost" is derived from the Greek word for "fifty."
- The Day of Pentecost, as recorded in Acts 2, occurred 50 days after Jesus' resurrection and 10 days after His ascension.
- The day celebrates the sending of the Holy Spirit to the disciples following Jesus' ascension.
- The Day of Pentecost is seen as the culmination of the Easter season.
- In many calendars, the day is listed as "Whitsunday." This comes from the phrase "White Sunday," and refers to practice of the newly baptized appearing in their white, baptismal garments on that day.

**The Time Is Now: Mass Lobby** - This Summer, the Government will decide whether to end the UK's contribution to climate change by committing to a net zero emissions target. They will also have the chance to end nature's decline by committing to a strong Environment Bill. Now is the time to push for bold action. On June 26th, thousands of us from every corner of Britain will take our message straight to Parliament in what we hope will be the largest mass lobby for climate and the environment the UK has ever seen. For More information visit [www.thetimeisnowmap.co.uk/about.php](http://www.thetimeisnowmap.co.uk/about.php)

**Month of the African Child** - June is the month we are asked to support the African child. Sub-Saharan Africa is the region with the highest prevalence of hunger. One person in four there is undernourished. Poor nutrition causes nearly half (45%) of deaths in children under five - 3.1 million children each year.

#### Forthcoming Events in August –

- **Community of Christ the Prince: New Dawn Conference** – This annual Catholic family event is taking place at Walsingham from Monday 5<sup>th</sup> – Friday 9<sup>th</sup> August 2019 – see the poster at the back of church for details. [www.princeofpeace.org.uk](http://www.princeofpeace.org.uk)
- **EA Diocesan Summer Camp 2019, Friday 23<sup>rd</sup>-Monday 26<sup>th</sup> August** – Come and join in a weekend of Faith, Food and Fun for children aged 8-14 years, at Moreton Hall School, Bury St. Edmunds. For more information please email [diocesansummercamps@gmail.com](mailto:diocesansummercamps@gmail.com) or go to [www.facebook.com/diocesansummercamps](https://www.facebook.com/diocesansummercamps). Any parent/guardian needing assistance with costs, is encouraged to contact a member of the Planning Team. Similarly, if anyone would like to sponsor a child to attend camp or make a contribution towards costs, then please get in touch.

**Bitesize** - "Fear is a darkroom where negatives develop." ~ *Usman B. Asif*