

PARISH OF THE SACRED HEART
AND ST.MARGARET MARY, EAST DEREHAM, NORFOLK

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MARCH 9th 2014 : FIRST SUNDAY OF LENT

Sunday Masses

Saturday 6.0pm Int. For the People
Sunday 9.0am Int. +Linda Layfield
11.0am Int. Laurence Howard

Weekday Masses

Monday LENT FERIA
10.0am Int. Anthony Green
Tuesday LENT FERIA
10.0am Int. +Mary Wilkinson
Wednesday LENT FERIA
10.0am Int.
Thursday LENT FERIA
No services today
Friday LENT FERIA
10.0am Int. Freya Veenan
Saturday LENT FERIA
10.30am Int. +Lillian Carter
6.0pm Int. +Elaine Smith

Sacrament of Reconciliation

Saturday Noon and 5.30pm, or by appointment.

Exposition and Adoration of the Blessed Sacrament

Tuesday 10.30am; Benediction at 11.0am.

The Rosary Friday 10.30am

The Divine Office

The Office is said a quarter of an hour before the Mass on Weekdays. This week we use Psalter Week 1

The Mass today

The readings can be found on p.151 of the Parish Mass Book, and on p.152 of The Sunday Missal.

At the 6.0pm Mass **Eucharistic Prayer 2**
Sanctus & Benedictus Parish Mass Book p.25
Hymns (*Angelus*) 206, 844
At the 9.0am Mass **Eucharistic Prayer 2**
Sanctus & Benedictus Parish Mass Book p.25
Hymns 872, 206, 205
At the 11.0am Mass **Eucharistic Prayer 3**
Kyries Hymn Book p.497
Sanctus & Benedictus Parish Mass Book p.25
Hymns 199, 206, 212, (*Angelus*) 205
The Psalm Response for all of the Masses is printed at the bottom of the page. Preface p.71

This Sunday the quarter-hour Exposition of the Blessed Sacrament before Mass will precede the 9.0am Mass. Next Sunday, it will take place before the 11.0am Mass.

THE FIRST WEEK OF LENT

TODAY, SUNDAY
STATIONS OF THE CROSS
at 5.0pm, followed by
VESPERS AND BENEDICTION

TUESDAY
THE BISHOP'S LENTEN STATION MASS
7.0pm, at the Church of the Annunciation, K.Lynn
Preceded by Exposition and Confessions from
6.0pm. Soup & rolls after the Mass

WEDNESDAY
LENT GROUP ON *EVANGELII*
GAUDIUM

7.30pm-8.30pm, in the Narthex
THE FIRST WEEK OF LENT cont.
FRIDAY
LENT LUNCH FOR CAFOD

12.30pm-2.0pm at the Presbytery
Today is the annual CAFOD Family Fast Day
in Lent. A special reason for attending!

Notes : If you need, or can give, a lift to the Bishop's Lenten Station Mass at King's Lynn on Tuesday, please tell Fr. John.

Copies of the Apostolic Exhortation *Evangelii Gaudium*, which we will begin studying on Wednesday evening, are available from the Sacristy for £5.0, although it is not necessary to have a copy in order to take part in the Group. Neither must one attend every session.

ALSO THIS WEEK

Monday 7.30pm Queen of Peace Prayer Group, at the Presbytery. All welcome.

Tuesday 1.30pm Fr. John says a Class Mass at St. Francis' Primary School, Norwich.

7.0pm The Bishop's Lent Station Mass, at the Church of the Annunciation, King's Lynn.

Wednesday 11.0am The monthly Service at Oak Manor.

7.30pm The first meeting of the Lenten Group to study *Evangelii Gaudium*, in the Narthex. All welcome. We will conclude with Compline.

Friday 12.30pm Lent Lunch for CAFOD, at the Presbytery.

Saturday 10.30am-11.30am Saturday Club, for young people aged five to twelve. The Parents of the First Holy Communion children meet at the Presbytery after Mass.

ON SATURDAY EVENING THE ST. PATRICK SUPPER

7.30pm in the Narthex

A three course meal + Irish Coffee
£10 – tickets available after Mass today.

Can you contribute to the entertainment
after the meal?

(Please bring your own alcohol, if required)

PARISH NOTICEBOARD

Anniversaries Roy Smith (1996), Henry Durham (2013), Catherin Hare (1995), Charles Christie (1995), Pauline Fenton (2005), Winifred Wake (1997), Betty Lynch (2002), Deanne

Andrews (2007), Peggy Free (2012), and Maurice de Chenu (1999). May they Rest in Peace.

Money Matters Last Sunday £415.63 was given at the Offertory. Next Sunday there will be a retiring collection for CAFOD, following the CAFOD fast day in Lent, which occurs next Friday. Please take an envelope from the back of church today, and bring it back next week with your contribution in. If you are able to use Gift Aid, then please fill in your name and address. Last Friday, the Lent Lunch raised £27.0 for CAFOD. The delicious Portugese soup was made by Susana Lopes.

Gift Aid Our excellent Gift Aid Officer, Brian Moran, is moving away shortly – a great loss to us - and so has had to resign from this post. But Rex Baker has most kindly agreed to take it on. Rex asks me say that the packets of envelopes will be available next Sunday.

Union of Catholic Mothers Brenda May writes 'UCM meets this Wednesday, at 2.0pm, when Anne Nicol will tell us about her recent visit to France and Switzerland. ALL the ladies of our parish are welcome to our meetings. Regardless of our title, you do not have to be a wife or mother – neither do you have to be enrolled as a member unless you choose to do so! A friendly welcome is assured. Members of the 100 Club are reminded that our annual payment of £6 is now due.'

KEEPING GOING

I think that as a parish we got off to a very good start to Lent. The three Masses here on Ash Wednesday were all well-attended –with a record attendance of children and young people at the evening Mass. But, as an old prayer says, it is not the beginning of a venture which matters, so much as the continuance, and the bringing of it to a good end. And so we must persevere in our Lenten disciplines. Our Lord himself gave us the recipe for a good and fruitful Lent in the Gospel on Ash Wednesday – Almsgiving, Prayer, and Fasting. May we be generous and consistent in offering these acceptable sacrifices to God.