

## GOSPEL REFLECTION FOR THE SECOND SUNDAY OF LENT



**Mountain High, Valley Low** - Today we find Peter James and John in low spirits. Discipleship is proving to be more difficult than they had imagined and understandably they were losing the enthusiasm and drive that they had shown previously. Jesus recognises that it is time to treat his disciples to a motivational vision, the vision that we now refer to as the 'Transfiguration'. The glimpse of heaven's glory must surely have stayed with Peter James and John for the rest of their days. But how does that help us? There's no doubt that some people are treated to spiritually motivating moments, but for most of us life seems to be just one long round of paying the bills. Is it any wonder we lose the bright-eyed vision of our youth? Or could it be that God is sending us little words of encouragement all the time and we simply don't remember them?

Peter lends a little human perspective to the story of the Transfiguration. He proposes erecting three tents in which to keep hold of the vision. It might sound trite, but keeping hold of a vision is key to staying motivated. Some people keep letters of encouragement and cards of thanks and congratulations to remind themselves of a time when they were doing a particularly good job. Other people adorn their desks at work with photographs of their children to remind themselves of why they are working, or cover their walls with certificates to keep in mind their original ambition. Others simply keep imagining how things will be once they have achieved their goals.

Jesus teaches us that we can't always control what's happening around us, but we can change our thinking. If we adopt a 'can do' attitude we will make much better choices for shaping the future.

### The Angelus

**V.** The Angel of the Lord declared unto Mary. **R.** And she conceived of the Holy Spirit. *Hail Mary*  
**V.** Behold the handmaid of the Lord. **R.** Be it done unto me according to thy word. *Hail Mary ...*  
**V.** And the Word was made flesh. **R.** And dwelt among us. *Hail Mary ...*  
**V.** Pray for us, O holy Mother of God. **R.** That we may be made worth of the promises of Christ.  
**Let us pray:** Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we to whom the Incarnation of Christ thy Son was made known by the message of an angel may, by his Passion and Cross, be brought to the glory of his Resurrection, through the same Christ, our Lord. Amen.



**PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.**

Useful links: Diocesan Safeguarding – <https://www.rcdea.org.uk/safeguarding/>  
 Diocesan Website – <http://www.rcdea.org.uk>  
 Notre Dame High School, Norwich – <http://www.ndhs.org.uk>  
 Daily Liturgy Website – [www.universalis.com](http://www.universalis.com)

## PARISH OF THE SACRED HEART AND ST. MARGARET MARY [Registered Charity 278742]

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### 8<sup>TH</sup> MARCH 2020 – 2<sup>ND</sup> SUNDAY OF LENT – Year A

[2<sup>nd</sup> Week of Lent, Weekday Year II, Psalter Week 2]

Mass Times for the Week			Intentions
Sat. 7 <sup>th</sup> Mar.	6.00 pm	2 <sup>nd</sup> Sunday of Lent [Parish Mass Book p155]	Peter & Mary Crouch <i>Tba</i>
Sun. 8 <sup>th</sup> Mar.	9.00 am 11.00 am		The People of the Parish
Mon. 9 <sup>th</sup> Mar.	10.00 am		Greta Cummings
Tues. 10 <sup>th</sup> Mar.	-	Lent Feria	<b>No Mass today</b>
Weds. 11 <sup>th</sup> Mar.	-	Lent Feria	<b>No Mass today</b>
Thurs. 12 <sup>th</sup> Mar.	10.00 am	Lent Feria	<i>Tba</i>
Fri. 13 <sup>th</sup> Mar.	- 10.30 am	Lent Feria Stations of the Cross (Private)	<b>No Mass today</b>
Sat. 14 <sup>th</sup> Mar.	10.30 am	Lent Feria	<i>Tba</i>
Sun. 15 <sup>th</sup> Mar.	6.00 pm 9.00 am 11.00 am	3 <sup>rd</sup> Sunday of Lent	Teresa Kendall (Wilkes) <i>Tba</i> The People of the Parish

### Music for 2<sup>nd</sup> Sunday of Lent – Setting: Sacred Heart Mass

**Entry:** 6pm – Angelus (said); Hymn 970 – Be thou my vision ...

**Psalm: (11am sung) R.:** *May your love be upon us, O Lord, as we place all our hope in you.*

**Gospel Acclamation:** Hymn book 184

**Offertory:** Hymn 208 – O raise your eyes on high and see ...

**Memorial Acclamation:** A(1) [from *New People's Mass*]

**Recessional:** 11am – Angelus (said); Hymn 209 – How good, Lord, to be here ...

### Confession/Reconciliation: Saturday at 5.30pm, or by request/appointment

The parish newsletter (incl. back copies) is available to view on the parish website from Friday onward each week.

**Anniversaries this week:** Elizabeth Mary O'Donnell, Roy Smith, Michael John Irvine Barty, Henry Durham, Ronald Jack Heasman, Catherine Honora Hare, Charles Christie, Pauline Fenton, John Le Milliere, Deidre Brewer, Winifred Wake, Fr. John Joseph Ketterer (*3<sup>rd</sup> Priest at Dereham*), Betty Lynch, Deanne Andrews, Peggy Free, Robert Shutt and Maurice Anthony de Chenu. *May their souls and the souls of all the faithful departed rest in peace.*

**Hospital Visits:** If you or family members are admitted to the Norfolk & Norwich Hospital (NNUH) or Queen Elizabeth II Hospital, King's Lynn (QEII), and would like a visit from the Roman Catholic Chaplain, please call either St. John's Cathedral, Norwich (01603 624615) for visits to NNUH, or call the NNUH Hospital Chaplaincy direct on 01603 287470 for people needing urgent spiritual attention, or for visits to QEII Hospital, call Fr. Peter Rollings on 01553 772220. If you would like to receive the Sacrament or Anointing of the sick before going to hospital, please contact Fr. Brendan on 01362 694066.

**Sick & Housebound** [with GDPR Permissions] – **Please pray for:** Janet Yardley, Jenny Rudd, Carol Whitesides, Robert Nicol, Eileen Brocklesby, Shirley Liebenhals, Frances Saville King, Una McWeeny, Derek Williams, Teresa Kendall, Archbishop Peter Smith, Greta Cummings.

**Money Matters:** Thank you for your offering of £445.50 for the maintenance of our parish last weekend. **The retiring collection this weekend is the CAFOD Family Fast Day collection.**

**Lenten Alms:** Correction. The Lenten Alms this year are for S.V.P. East Anglia and for Friends of the Holy Land, not for Aid to the Church in Need - that was last year!

Diary Dates for this week -		
Tues. 10 <sup>th</sup> Mar.	7.30pm	Queen of Peace Prayer Group - Emmaus Room
Weds. 11 <sup>th</sup> Mar.	11.00am	Union of Catholic Mothers – <b>AGM</b> – Emmaus Room
Thurs. 12 <sup>th</sup> Mar.	6.30pm	Music selection & practice – Presbytery & Church. All volunteers welcome to make a joyful noise to the Lord!
Fri. 13 <sup>th</sup> Mar.	7.15-8.15pm	Altar Servers meeting – Emmaus Room
Sat. 14 <sup>th</sup> Mar.	11.00am	Saturday Club - Emmaus Room

**Friday, 13<sup>th</sup> March** - On Friday I will be concelebrating at the Requiem Mass in Haverhill for Fr. Michael Teader. Anyone who wishes can either lead the Stations of the Cross or just do them privately. I regret that we can have so few masses this week.

**Coronavirus Advice** – Please consult the parish website for actions to be taken with regard to Coronavirus. There are some copies to be read on the table at the back of church. This has come through the Bishops' Conference.

**Settled Status for EU and EEA and Swiss citizens** - The Bishops' Conference is concerned that a lot of EU and EEA and Swiss citizens have not yet applied for Settled Status within the UK. For those concerned, please go to: [Stay in the UK \('settled status'\): step by step - GOV.UK](#) or for help go to: <http://www.gov.uk/help-eu-settlement-scheme>

**Chrism Mass** - I am in the process of booking a coach for the Chrism Mass at St. John's on **Tuesday 7th April at 7.00pm**. In order to get good seats, we will need to be there early. The Confirmation Group is strongly encouraged to join in as the Chrism to be used by Bishop Alan at their Confirmation will be consecrated at this Mass. A list for names will appear before long.

**Caritas Festival** - Caritas East Anglia is holding a Festival to celebrate sharing God's love with our neighbour at St George's, Norwich, on Sat. 28<sup>th</sup> March. If you are involved in social outreach work, e.g. with the poor, homeless, marginalised, please come and celebrate with us! For more information, or to book a place, please email: [caritas@rcdea.org.uk](mailto:caritas@rcdea.org.uk)

**Pilgrimage to Oberammergau** to see the Passion Play and to visit the castles and lakes of Bavaria led by Fr Sean Connolly from St George's parish in Norwich. 16th-20th September 2020. 5 days, 4 nights. £1,199 pp based on a shared room. £99 single room supplement. Places still available but please book soon if you would like to come with a £400 deposit. More information and the booking form can be found at [www.stgeorgenorwich.com](http://www.stgeorgenorwich.com)

**'The Way of Silence': Clare Priory, Tuesday 17<sup>th</sup> March 2020:** 10.30 - 3.00, Mass at 10.00: **God here with us** - The Bishops have asked that this year is focused on using scripture, "The God who speaks" - a year of the Word. One way of using scripture is Lectio Divina, "divine reading". This is a particular way of praying, using scripture, and silence, to allow the word of God to sink into our hearts. It was first used by monastic communities and in recent years has come to be a most fruitful practice for the laity too. *"Come and see. Do not be afraid."* (One of the most common phrases in the bible.) **All are welcome.** Please bring a packed lunch, refreshments provided. Pre booking would be appreciated, but you are also welcome to just arrive on the day. Donations for the work of the Priory. Bookings: Contact Kathy 01787 277326; Email: [cdlarepriory@clarepriory.net](mailto:cdlarepriory@clarepriory.net)

**Diocesan Vacancy** - The Diocese is recruiting a Stewardship and Fundraising Co-ordinator on 35 hours per week, to support parishes with developing stewardship and parish giving. Details can be obtained by emailing the Diocesan office at [finance@rcdea.org.uk](mailto:finance@rcdea.org.uk) or go to <https://rcdea.org.uk/> and click on the link on the home page. The closing date is Monday March 9th and interviews will be in Poringland on Thursday, 19th March.

**Upcoming Youth Events (from the Diocesan Ignite Team) –**

- \* **March 20th:** One of the brothers from the **Taizé** community is coming to Norwich Anglican Cathedral leading Taizé prayer around the Cross from 7pm - 8pm. This is a great opportunity for our young people to experience this type of prayer.
- \* **May 8th - 10th: Ignite Festival** in Swaffham. Bishop Alan expects everyone preparing for Confirmation to come but it is also open to anyone in Year 8 and above. Please note that this year we are running it from the Friday - Sunday (rather than Saturday - Monday) to coincide with the Diocesan Pilgrimage to Walsingham which this year is on Bank Holiday Friday 8th May. People have the option of going to the Pilgrimage first and then coming on to the Festival. Please see [www.ignitefestival.co.uk](http://www.ignitefestival.co.uk) for more information.