GOSPEL REFLECTION FOR PENTECOST SUNDAY

Prisoners No More



The disciples have locked themselves in an upper room for fear of the Jews. We know exactly where they're at. We too are good at making prisons for ourselves. We make prisons where feelings of inadequacy, apathy, guilt, pride or confusion rule our lives. We lock ourselves into debilitating patterns of behaviour where fear and other self-defeating traits become habit.

The disciples are behaving very much how we behave when we are facing difficulties. Then everything changes.

Jesus comes amongst them and breathes the Holy Spirit into them. Suddenly a group of frightened and inactive disciples begin to do amazing things. Suddenly they can reach out around the world regardless of language culture or race.

This isn't just a story about something that happened a long time ago, it's a promise. We each have a component that fits into God's greater picture. We each have a talent that lends itself to God's purpose. Unlocking that talent is a daily challenge. How do we use our skills to best advantage? How do we knock down the barriers that prevent us reaching our true potential? Where do we look for direction, focus and discernment? How do we find courage, faith, energy and foresight? The answer to all these questions is the 'Holy Spirit'. The same Holy Spirit that enables the early disciples liberates and empowers us. The Holy Spirit is God's presence in our lives whenever we ask.

Bitesize - "We all have the extraordinary coded within us, waiting to be released." ~Jean Houston



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Permanent Deacon: Rev. Martin Sanderson: Tel: 01362 822590

Email: martin.sanderson@rcdea.org.uk

Parish Music Leader: Michael King: Email: church@michaeljwking.com

Parish Safeguarding Representative: Kathleen Edmunds:

Email: kathleenedmunds@yahoo.com

Useful links: Diocesan Safeguarding – https://www.rcdea.org.uk/safeguarding/

Diocesan Website - http://www.rcdea.org.uk

Notre Dame High School, Norwich - http://www.ndhs.org.uk

Daily Liturgy Website - www.universalis.com



Sacred Heart & St Margaret Mary

Parish Administrator: Fr. Jay Magpuyo 35 London Road, East Dereham, Norfolk NR191AS Tel: 01362 694066 Email: edsacredheart@gmail.com Registered Charity No. 278742 www.sacredheartdereham.org.uk

Sunday 5th June 2022 – Pentecost Sunday – Year C

[10th Week of the Year, Weekdays Year II, Psalter Week 2]

MASSES in the PARISH

Saturday 4th June

First MASS of Sunday 18.00

Sunday 5th June PENTECOST SUNDAY. Solemnity.

09.00 MASS For the People of the Parish.

MASS Live streamed 11.00

Monday 6th June Mary, Mother of the Church. Mem.

10.00 MASS

Tuesday 7th June Feria

10.00 MASS Francis Buxton+

Wednesday 8th June **Feria** No Mass today (Deanery Meeting)

Our Lord Jesus Christ, Eternal Thursday 9th June

High Priest

10.00 MASS & ADORATION

Live streamed

Friday 10th June **Feria**

No Mass today

Saturday 11th June

First MASS of Sunday 18.00

For the People of the Parish TRINITY SUNDAY. Solemnity.

Sunday 12th June 09.00 MASS

11.00 MASS Live streamed

SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30 **EXPOSITION & BENEDICTION: Thursday after Mass**

For Live Streamed Masses Search for Dereham Catholic Church on YouTube. or use the following link:

https://www.youtube.com/channel/UCR-qWs-B40VTvbzezZ83MxQ/videos?view=2&flow=grid The parish newsletter is available on the parish website from Friday each week.

Anniversaries this week: David Thompkins, Fr. Thomas K. Phillips (2nd Priest in Dereham), William Finn, Desirée Jenkins, George Francis Buxton, Mary Horsburgh, Josephine Reeves, Dee Turner, Barry Williams. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Shirley Liebenhals, Frances Saville King, Derek Williams, Patsy Gray, Collette Barrow-Nessian, Betty Reavey, Marion Ring-Davies, Fr. Brendan.

Money Matters: Offering for last Sunday: Plate £258.13. Retiring Collection for Catholic Communications Network: £103.38. Thank you.

For those who would like to make their regular offerings by Standing Order, the information you need is: Account name: **Catholic Church of Dereham.** The Sort Code is: **40-20-08** and the Account number is: **11311115.** If you are a tax payer, please also consider **Gift Aid.** Let Rex Baker know if you would like to sign up to Gift Aid.

130 Club Draw for May 2022 - 1st Prize £20 – Ticket No. 1, Paul Wade; 2nd Prize £15 – Ticket No. 112, Elaine Wilkes; 3rd Prize £10 – Ticket No. 105, Teresa Kendall; 4th Prize £10 – Ticket No. 184, Maureen Jessup; 5th Prize £10 – Ticket No. 81, Margaret Godfrey.

Sunday, 5th June – Today is the Platinum Jubilee of Her Majesty Queen Elizabeth II. Also, today is our International Mass during the 1100 Mass, with an international lunch & BBQ straight after at the Walsingham Sisters Convent, Neatherd Moor.

Change to Mass Times – Please note there is no Mass on Wednesday, 8th June, due to a Deanery meeting.

Trinity Sunday – Next Sunday, 12th June, is the solemnity of The Most Holy Trinity and is the last day for Easter Communions.

Church Toilet Refurbishment - Please be advised of our ongoing toilet refurbishment in the Church. The toilet in the presbytery is available, instead. For minors, they should be accompanied with their parents or guardians when using the toilet.

The Word Code - The Scriptures Study which begins on Wednesday, 8th June at 1930, will explore, aside from the Bible itself, the book entitled '*Jesus and the Mystery of the Tamid Sacrifice*' by Michael E Hunt et al. This book is available in Amazon if you want a copy for use during the discussions.

Tuesday Chess - Fr Jay is planning to hold a 30-minute chess lessons for kids of any age and for young adults alike in the Emmaus Room every Tuesday at 1900. A limited number of 7 slots only. This will hopefully start on the **12th July** 2022. Parents may email Fr Jay for confirmation and when materialized, the parents of minors must be around while the lessons are taking place. Chess sets are provided.

Youth Club - The table tennis after 1100 Sunday Mass to 1300 makes a difference in the Parish. Not only that it is an occasion for the youth to develop their friendship more but also it enables them to interact with some of the adults in the Parish.

Diary Dates for this week		
Tues. 7 th June	2.30pm	SVP Committee meets – Emmaus
		Room
Weds. 8 th June	7.30pm	Scripture Study Group meets -
		Presbytery
Sat. 11 th June	10.30-11.30 am	First Holy Communion Class -
		Emmaus Room
Sun. 12 th June	After 11.00 Mass	Youth Club table tennis – Emmaus
	until 1.00 pm	Room

Diocesan Job Vacancies:

- Diocesan Deputy Director of Schools' Service required from September 2022. Please see Diocesan Website for more details https://www.rcdea.org.uk/vacancies/
- Headteacher Vacancy at St Mark's Catholic Primary School, Ipswich.
 Please see Diocesan website for more details https://www.rcdea.org.uk/schools/school-vacancies/

Norfolk Churches Trust Bike Ride – The annual Norfolk Churches Trust Bike Ride will be taking place on Saturday, 10th September 2022. The Trust would like to thank everyone who was involved in last year's event. It turned out to be another fantastic year, with the event raising a staggering £130,156 for Norfolk Churches. 711 gallant people took to their bikes, laced up their walking or running shoes, braved the sea and used transport that included boats, horses, tandems, mobility scooters, cars and buses. We are pretty sure it must have been the biggest charity fund raising event in Norfolk last year. The event has now raised over £4 million for Norfolk Churches since its inception in 1983! We want to stress that it is a really good way for people to have some fun exploring Norfolk's magnificent churches, taking some exercise and raising money for your local church and the Norfolk Churches Trust. A new Norfolk Churches Trust website has gone live which will make the whole process of registering easier and finding out how to take part. More information is available at https://norfolkchurchestrust.org.uk/bike-ride/